



SAINT GEORGE ORTHODOX CHURCH

A parish of the Antiochian Orthodox Christian
Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins
and have prepared themselves by fasting
are invited to receive Communion.*

*Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall
for coffee and refreshments.*

CALENDAR

| | |
|-------------------------|---|
| <u>Thursday</u> - | Matins, 9:00am |
| <u>Saturday</u> - | New England Council of Churches Meeting, 10:00 am Great Vespers, 5:00 pm |
| <u>Next Sunday</u> - | Matins 9:00 am & Divine Liturgy 10:00 am Ladies of Saint George meet after coffee hour (originally scheduled for today) |
| | Forgiveness Vespers, 6:00 pm |
| <u>Monday the 2nd</u> - | Great Lent begins, see the enclosed schedule of services |
| <u>Fasting</u> - | Today is Meatfare, the last day for meat products until Pascha; Fish, dairy, wine and oil are permitted through next Sunday. |

**22 February
2009**



**Sunday of
Meatfare:
The Last
Judgement**

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StGeorgeNorwood.org



IOCC Expands Assistance to Gaza's Families

Gaza City, Gaza — International Orthodox Christian Charities (IOCC) will provide 6,000 families in Gaza (about 42,000 people) with food, blankets, and hygiene supplies with a new \$750,000 grant from ARD Inc. through funding by the United States Agency for International Development (USAID). IOCC is targeting the neediest, including those who have been displaced or are living in war-damaged homes, have experienced the death or injury of a family member, or who have a primary bread winner that is unemployed as a result of the conflict.

The deadliest conflict in Gaza in four decades has killed 1,300, wounded 5,300, and displaced more than 26,000. IOCC's Jerusalem-based staff responded quickly to the crisis, coordinating efforts with local organizations and the Greek Orthodox Patriarchate of Jerusalem to deliver fortified biscuits and milk to 23,000 children and adults residing in shelters and affected communities throughout Gaza. IOCC also assisted beleaguered hospitals and shelters by providing thousands of quilts and hygiene kits.

"The situation in Gaza remains very critical," says Dirk Lackovic'-Van Gorp, IOCC representative for Jerusalem/West Bank. "Significant numbers of people need food and the population is very traumatized and in need of psychological counseling." Officials estimate that 14,000 homes have been partially or completely destroyed and that schools and hospitals, as well as water, sewage and electrical facilities, have all sustained significant damage.

IOCC is also planning a \$175,000 program through funding from Action by Churches Together (ACT) that will rebuild community centers and provide work for unemployed construction workers. His Beatitude Theophilus III, Greek Orthodox Patriarch of Jerusalem, has blessed IOCC efforts and authorized it to work with His Grace Bishop Alexios of Gaza to assist 30 isolated and vulnerable Orthodox families in Gaza City with \$20,000 in emergency home repairs.

Help IOCC speed relief to families who have been caught in this conflict. Visit www.iocc.org, call IOCC toll free at 1-877-803-4622, or mail a check or money order payable to "IOCC" and write "Middle East Relief" in the memo line to: IOCC, P.O. Box 630225, Baltimore, Md. 21263-0225.

IOCC, founded in 1992 as the official humanitarian aid agency of the Standing Conference of Canonical Orthodox Bishops in the Americas (SCOBA), has implemented over \$300 million in relief and development programs in more than 33 countries around the world.

LENTEN RETREAT

The Diocesan Ladies host a retreat each year, right here in Norwood on Saturday, March 7th. The speaker this year is Dr. Elizabeth Prodromou, Asst. Professor of International Relations at Boston University and a member of Saint Athanasios Church, Arlington. Her topic is *Orthodox Christian Unity: What, Why, Why Not Yet?* Registration forms are in the parish hall.

BREAD BAKERS

The *holy bread* for every Divine Liturgy is lovingly baked by a member of our parish baking team. A number of them have decided to get together on Thursday March 5th at 9:00 am and share tips. Everyone is invited to join them and learn the process for making the bread.

CAMPERS AND TEENS

On-line registration for Antiochian Village summer camp has begun. There are scholarships available, please see Father Joseph for information as the deadline is soon.

Teens and young adults are invited to join the young folks from Saint George, Boston, for a day trip to Mt. Sunapee. Wax your skis and snowboards and circle this Saturday on your calendar.

The Diocesan SOYO Lenten Retreat is March 27-29 in Contoocook, NH. This is always a fabulous weekend for the teens. Information about this and other events is posted in the parish hall.

For the Parish Life Conferenc, the Bible Bowl topic is the *Gospel of Saint John*. Emily Howard will be filling in as coach for Emily Shay. Teens and adults are needed for the squad; let Emily know if you are interested.

RIBBON CUTTING

Bright Horizons Foundation for Children would like you to "save the date" for our Bright Space Ribbon Cutting

on Monday, February 23rd at 5:30 pm at the The Family Center (366 Somerville Avenue, Somerville.) Bright Spaces are warm, enriching places in homeless shelters and community agencies that give children and families in crisis a place to play, learn and have fun. This *Bright Space will be named "Sonia's Place"*, in memory of Sonia Belcher, who made hundreds of childrens' lives brighter. Contact Taryn Face at taryn.face@brighthorizons.com or at 617-673-8926.

2009 ARCHDIOCESE CONVENTION

The planning committee for the Archdiocese Convention writes the following: "Our plans for the 49th Antiochian Archdiocese Convention (July 19 – 26, 2009) are progressing very well and we look forward to hosting you. Currently all of the guest rooms at the JW Desert Springs Marriot Resort and Spa are at capacity. We have arranged for three over-flow hotels which can be found on our website. As a reminder, the JW Desert Springs Marriott has a 30 day cancellation policy.

The Convention Souvenir Journal will commemorate Metropolitan PHILIP's 50th anniversary in the Holy Priesthood. We are asking your assistance in making this a worthy tribute to our Metropolitan by placing a greeting in it. The Souvenir Journal Form can be downloaded from our website or you can contribute on-line.

The Convention Planning Committee is organizing memorable and outstanding events. You can register for these events by downloading the Registration Form from our website or you can register on-line.

Our Convention website is updated regularly and contains information on attractions in and around the local area, a photo gallery of the Convention hotel, the Convention Schedule and Events, and Travel/Discount information. We are looking forward to seeing you at the Convention. www.archdioceseconvention2009.org

HOLY BREAD - The gifts today are offered by the family of Cleo Eysie in thanksgiving for her 90th birthday.

COFFEE HOUR - Please stay for refreshments following the Liturgy today, hosted by the family of Cleo Eysie in her honor.

VOTIVES - A seven day candle burns before the Icon of the Theotokos, given by Marlene Lupaczyk in thanksgiving for Cleo Eysie on her birthday. Votives also burn before the Icons, given by Cleo Eysie in memory of Mike Eysie and the departed of the Corey family

GIFTS TO SAINT GEORGE -

Brian & Marlene Lupaczyk
in thanksgiving for Cleo Eysie and in memory of Michael Eysie
 David Franciosiin thanksgiving for Cleo Eysie on her birthday
 Janice Valente, Carolyn Kelliher and Robert Michael
in memory of Abel and Mary Michael
 Florence Esper, Alice Kelley, George & Lovee Thomas, Kay Moseley,
 Sam & Beverly DiFlaminies and Dolores Elias in memory of May Angelo
 Annie Tolias and Helen Kelleyin memory of Louis Lallo Elias
 George & Lovee Thomasin memory of Alfred Hallal
 Florence Esper and Alice Kelleyin memory of Joan Thomas

REMEMBER IN PRAYER

Pray for Archpriest Nifon, departed six months.

Pray for the good health of the servants of God: Priest Robert, Khouriyee Elizabeth, Deacon Elias, James, Ricky, Michael, Frances, Samera, Stephanie, Mary, Katrina, Elsa, John, Jeanne, Gregory, Albert, Dimitri, James, Frederick, Anne, Grace, Renee, Robert, Nicole, Mary, Pauline, Ioana, Nicolae, Kathleen, Lillie, Jennifer, Carrie, Sam, Michael, Nancy, Kenneth, Joy, Claudia, Thomas, Sarah, Nicholas, Charles, Catherine, Joyce, Janice, Barbara, Beverly, John, Katherine, Mary, Beverly, Najlae, Irene, Edmond, Helen, George, Frances, Felecia, Catherine, . . .

| February 15 Income | Pledges | Donations & Memorials | Tray | Special Collection |
|--------------------|-----------|-----------------------|----------|--------------------|
| \$2956.160 | \$2557.00 | \$245.00 | \$222.00 | N.A. |

Council & Parish Leaders

Andrew Howard (Chairman)
 Linda Thomas (Vice Chair)
 Sharon Weiskerger (Secretary)
 Leeann Plouffe (Treasurer)

Barbara Campbell
 Marlene Lupaczyk
 Angela Sepulveda
 John Shalbey

Assistant Treasurers:
 Beverly DiFlaminies
 Marwan Samman

Chanters - Paul Eysie & Erik Potter
 Choir Director - David Franciosi
 Christmas Card - Doris Copoulos
 Church Custodian - Gerry Mullen
 Constitution Review - Judith Howard & Linda Thomas
 Epistle Readers - Lovee Thomas
 Food Pantry Rep. - Kay Moseley
 Holy Bread Schedule - Reggie DiCicco
 IOCC Rep. - Emily Howard
 Ladies President - Katie Birtwell

NorwoodLadies@gmail.com
 Sacristan - Gheorghe Doros
 Seminarians - Michael Razook & Rabee Tourni
 Scholarship Committee - Helen Abril
 School Superintendent - Rich Plouffe
 Teen Advisor - Michele Markatos
 Teen President - Jenna Weiskerger
NorwoodTeens@gmail.com

Ushers - Andrew Howard & Marwan Samman
 Web-Master - Ekaterina Oleinik



Sunday of Meatfare: The Last Judgement

Uncovering of the Relics of Martyrs at the Gate of Eugenios in Constantinople

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 3)

Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death and become the First-born from the dead. He hath delivered us from the depths of hades, granting the world the Great Mercy.

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF MEATFARE (TONE 1)

When thou comest, O God, to earth with glory, and all creatures tremble before thee, and the river of fire floweth before the Altar, and the books are opened and sins revealed, deliver me then from that unquenchable fire, and make me worthy to stand at thy right hand, O righteous Judge.



EPISTLE AND GOSPEL

Prokeimenon and Verse:

Great is our Lord, and great is His power. O praise the Lord, for it is a good thing to sing praise.

The Reading is from the Apostle Paul's First Letter to the Corinthians

(8:8-9:2; Meatfare / The Last Judgement)

Brethren, Food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. Only take care lest this liberty of yours somehow become a stumbling block to the weak. For if any one sees you, a man of knowledge, at table in an idol's temple, might he not be encouraged, if his conscience is weak, to eat food offered to idols? And so by your knowledge this weak man is destroyed, the brother for whom Christ died. Thus, sinning against your brethren and wounding their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of my brother's falling, I will never eat meat, lest I cause my brother to fall. Am I not free? Am I not an apostle? Have I not seen Jesus our Lord? Are not you my workmanship in the Lord? If to others I am not an apostle, at least I am to you; for you are the seal of my apostleship in the Lord.

Alleluia.

The Reading is from the Holy Gospel according to Saint Matthew *(25:31-46, Meatfare / The Last Judgement)*

Jesus said, "When the Son of man comes in his glory, and all the angels with him, then he will sit on his glorious throne. Before him will be gathered

all the nations, and he will separate them one from another as a shepherd separates the sheep from the goats, and he will place the sheep at his right hand, but the goats at the left. Then the King will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, 'Lord, when did we see thee hungry and feed thee, or thirsty and give thee drink? And when did we see thee a stranger and welcome thee, or naked and clothe thee? And when did we see thee sick or in prison and visit thee?' And the King will answer them, 'Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me.' Then he will say to those at his left hand, 'Depart from me, you cursed, into the eternal fire prepared for the devil and his angels; for I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.' Then they also will answer, 'Lord, when did we see thee hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to thee?' Then he will answer them, 'Truly, I say to you, as you did it not to one of the least of these, you did it not to me.' And they will go away into eternal punishment, but the righteous into eternal life."