



# SAINT GEORGE

## ORTHODOX CHRISTIAN CHURCH

Most Rev. Metropolitan PHILIP, Primate  
*Antiochian Orthodox Archdiocese of North America*

Right Rev. Bishop JOHN  
*Diocese of Worcester & New England*

Very Rev. Father Joseph Kimmett, *Pastor*

*Welcome. It is a great pleasure to have visitors and friends with us at Saint George. If you would like to know more about our parish, or the Orthodox Faith, please don't hesitate to ask.*

*Communion: Orthodox Christians who have confessed their sins, who and have prepared themselves by fasting, and who have been present from the start of the service are invited to approach the chalice. Everyone may partake of the holy bread.*

26 February  
2012

◆  
Cheese-fare  
Sunday

◆  
Expulsion of  
Adam from  
Paradise

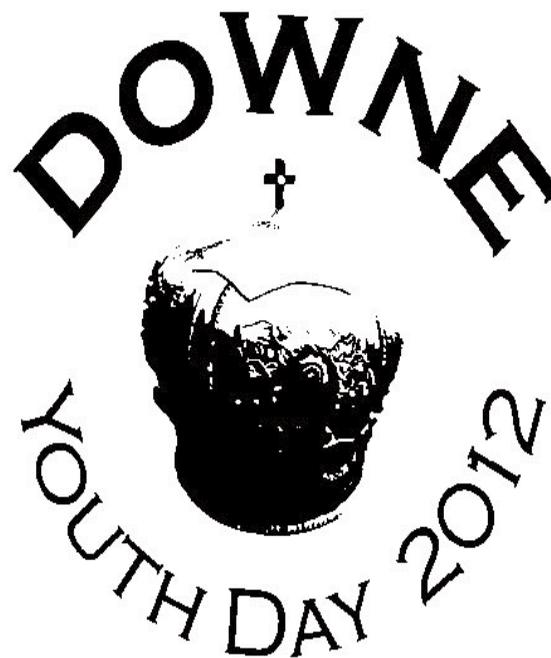
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Norwood, MA 02062  
Tel. 781-762-4396  
Fax. 781-255-1871  
StGeorgeNorwood.org

### CALENDAR

<u>Today</u> -	Forgiveness Vespers, 6:00 pm
<u>Monday</u> -	Diocesan Great Compline, 7:00 pm <i>Reception follows</i>
<u>Wednesday</u> -	Pre-Sanctified Liturgy and <i>Lenten potluck</i> , 6:00 pm
<u>Friday</u> -	Salutations on the Akathist / Madayar, 7:00 pm <i>Coffee and Discussion group follows</i>
<u>Saturday</u> -	Youth Day at Bishop's Chancery, 1:00-3:00 pm Great Vespers, 5:00 pm
<u>Next Sunday</u> -	Matins & Divine Liturgy, 9:00 / 10:00 am Church School, 12:45 pm
	Sunday of Orthodoxy Vespers: Saint George Cathedral, Worcester with Bp JOHN, 6:00 pm Annunciation, Brockton, 5:00 pm Holy Trinity, Boston

*Today, Cheese-fare, the last day for dairy products until Pascha.  
The Great Fast begins tomorrow.*

*"... the disciples were first called Christians in Antioch." - Acts 11:26*



Get to know your Bishop!

Saturday, March 3 2012

1 pm - 3 pm

4th Grade - High School

Bishop JOHN has invited us all to his house! The day will include some refreshments, a tour of the chancery and an opportunity to sit with him and talk!

Chancery Address:

2 Lydia's Path

Westborough, MA 01581

Please contact Greg Abdalah with any questions:  
724-518-6811, [abdalah.g@gmail.com](mailto:abdalah.g@gmail.com)

**GREAT LENT**

- Today is Cheesefare Sunday, the final day for dairy. Tomorrow is Pure Monday, the start of Great Lent.
- Copies of the Lenten service schedule are available today. (A volunteer is needed to arrange a simple reception following Compline tomorrow night; our parish is hosting this service on behalf of the diocese.)
- This year, following the Friday Akathist, there will be a discussion group -- and you decide the topics . . . theology, scripture, ethics. Give Father Joseph your suggestion/question in writing.

**YOUTH NEWS**

- Diocesan *Youth Day* is Saturday. It will take place at the new Chancery in Westborough from 1:00-3:00 pm, a chance for our young people to meet Bishop JOHN.
- The *Teen SOYO Lenten Retreat* is March 23-25 at the camp in Contoocook, NH. The topic is "Heroes of the Old Testament". Registration forms are in the parish hall.
- For the Conference, Erik is beginning *Bible Bowl* study on Romans, see him right away for a schedule.

**PARISH LIFE CONFERENCE**

125 DAYS from now -- June 21-24 -- is the Parish Life Conference at the Cliff House in Ogunquit. Have you made reservations yet? Don't wait any longer, go on-line to [www.CliffHouseMaine.com/attendees](http://www.CliffHouseMaine.com/attendees)  
User Name: PARISH Password: pa986B

During coffee hour this morning, David and Leeann, who are the Conference co-chairs will share information with everyone about sponsorships, registrations and ways in which you can help. Please give them a few minutes of time as we are going to need everyone's help.

Also, check out the parish web-site [www.StGeorgeNorwood.org](http://www.StGeorgeNorwood.org) which has a link to the Conference site with lots of information. Thanks to Katia for her efforts in putting this together.

**BRICK SALES**

It has been two years since we offered the chance to have an engraved brick placed in the patio. Now is your chance, pick up a form in the parish hall today. We will collect the orders in April, have them engraved and placed outside later in the spring.

**CONGRATS**

Father Anthony Yazge (camp director at Antiochian Village) is going to be honored as the Al Senavitis Lifetime Achievement Award Recipient for the service that he has offered to Special Olympics athletes through the Special Olympics training camp which he oversees at the Village every summer.

The Hall of Fame Dinner and Auction this May in Philadelphia, is one of the Olympics' largest and most formal fundraising events of the year.

The Special Olympics of Pennsylvania website explains that the Hall of Fame program "honors athletes and volunteers who have made outstanding contributions both on and off the field of competition. The dual purpose of this prestigious event is to raise public awareness about the talents of our athletes and raise the funds necessary to sustain the incredible growth of the Special Olympics movement...We have thousands of success stories of individuals who have benefited from participating in SOPA. But each year we choose only four athletes and two volunteers who have demonstrated positive integrity and continued loyalty to the Special Olympics program, thereby upholding the honor of the organization." The event raises \$200,000 each year for the Olympics.

**AABA HUFLI**

Save the Date - The Arab American Benevolent Association Benefit Hufla will be May 12th at Saint John of Damascus Church in Dedham. If you would like to support the event, please contact George Matook at [georgematook@mac.com](mailto:georgematook@mac.com) or Jenna Weiskerger at [jweisker@student.umass.edu](mailto:jweisker@student.umass.edu).

*If you can host a coffee hour in the coming months, please sign the book.*

**REMEMBER IN PRAYER -**

**Pray** for the servants of God: Archpriest Michael and the Abdelahad Family; Archpriest Alexander (Atty), Archpriest Elias and Kh. Joanne (Bitar), Sheila (Bennett), Debbie (Braun), Pedro (Angie's brother), Margaret (Domet), Effie (Kalliel), Anne (Krekis), Marion (Redonnet,) Sarah (Kelley), Nicolae (Daniela's father), Jack (Lucine's father), Karen, Charles, Mahasen Yacoub (Ibti's mother), David (Rediker), Beverly (DiFlaminies), Pamela (Manikas), Deacon Elias (Hamaty), Fred (Tomm), John (Howard), Darcey, David (Knipe and family), Alan (Andrew), Lana (Joseph), Christina (Adams), Emaline (Eakle), Cleo (Eysie), Timothy (Wright), Kathryne (Howard), Nicholas, Claudia (Eysie), Najlae (Solomon), Lovee (Thomas), Sandy (Thomas), Charles (Howard), Mary, Catherine, Josephine.

**Pray** for the handmaids of God Rezanne and Daniela who are with child.

**Pray** for Deacon Luke Toumi's family in Homs, Syria and for Shamassy Rezanne's father Khalil, who is very sick. *A note to Deacon & Rezanne would be appreciated: 1501 Asbury Place #1, Pittsburgh, PA 15217.*

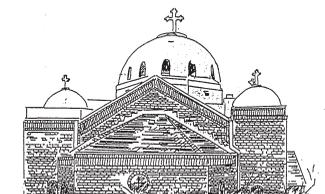
February 19 Income	Pledges	Donations & Memorials	Tray	Special Tray
\$890.00	\$305 .00	\$35.00	\$210.00	N.A.

**Council & Parish Leaders**

- Christine Byron
- Joan Cassidy (Chair)
- Joseph Eysie (Vice Chair)
- Gheorghe Doros (Treasurer)
- Anthony Grasso
- Katia Oleinik (Secretary)
- Richard Plouffe
- Ibtisam Samman
- Linda Thomas

*Assistant Treasurers:*  
Beverly DiFlaminies  
Leeann Plouffe

- Building Committee - Andrew Howard
- Chanter - Erik Potter
- Choir Director - David Franciosi
- Christmas Card - Doris Copoulos
- Church Custodian - Gerry Mullen
- Epistle Readers - Lovee Thomas
- Food Pantry Rep. - Kay Moseley
- Holy Bread - Catherine Keches
- Hospitality -
- IOCC Rep. - Emily Pappas
- Ladies President - Katie Birtwell
- Order of St Ignatius Liason - Erin K.
- Sacristan - Subdn. Gheorghe Doros
- Scholarship Committee - Helen Abril
- School Superintendent - Rich Plouffe
- Seminarian - Jason Falcone
- Teen Advisor -
- Teen President - Alex Oleinik
- Usher - Andrew Howard
- Web-Master - Ekaterina Oleinik



**Cheesefare Sunday · Forgiveness Sunday****Prophyrios, bishop of Gaza; Great-martyr Photeini the Samaritan Woman****The Expulsion of Adam from Paradise**

*The Holy Fathers have appointed the commemoration of Adam's exile from the Paradise of delight here, on the eve of the holy Forty-day Fast, demonstrating to us not by simple words, but by actual deeds, how beneficial fasting is for man, and how harmful and destructive are insatiety and the transgressing of the divine commandments. For the first commandment that God gave to man was that of fasting, which the first-fashioned received but did not keep; and not only did they not become gods, as they had imagined, but they lost even that blessed life which they had, and they fell into corruption and death, and transmitted these and innumerable other evils to all of mankind. The God-bearing Fathers set these things before us today, that by bringing to mind what we have fallen from, and what we have suffered because of the insatiety and disobedience of the first-fashioned, we might be diligent to return again to that ancient bliss and glory by means of fasting and obedience to all the divine commands. Taking occasion from today's Gospel (Matt. 6:14-21) to begin the Fast unencumbered by enmity, we also ask forgiveness this day, first from God, then from one another and all creation.*

**EISODIKON**

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

**TROPARION OF THE RESURRECTION (TONE 4)**

Having learned the joyful message of the Resurrection from the angel, the women Disciples cast from them their parental condemnation, and proudly broke the news to the Disciples, saying, Death hath been spoiled. Christ God is risen, granting the world Great Mercy.

**TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)**

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

**KONTAKION OF CHEESEFARE (TONE 6)**

O Thou who guidest to wisdom, and givest understanding and intelligence, the Instructor of the ignorant, and Helper of the poor, strengthen my heart and grant it understanding, O Master. Give me word, O Word of the Father; for behold, I shall not refrain my lips from crying to thee, O merciful One, have mercy upon me who am fallen.

**EPISTLE AND GOSPEL**

*Prokeimenon and Verse:*

Make your vows and pay them unto the Lord our God. In Judah is God known, His name is great in Israel.

**The Reading is from the Apostle Paul's Letter to the Romans**

*(13:11-14:4, Cheesefare / Forgiveness Sunday)*

Brethren, besides this you know what hour it is, how it is full time now for you to wake from sleep. For salvation is nearer to us now than when we first believed; the night is far gone, the day is at hand. Let us then cast off the works of darkness and put on the armor of light; let us conduct ourselves becomingly as in the day, not in reveling and drunkenness, not in debauchery and licentiousness, not in quarreling and jealousy. But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires. As for the man who is weak in faith, welcome him, but not for disputes over opinions. One believes he may eat anything, while the weak man eats only vegetables. Let not him who eats despise him who abstains, and let not him who abstains pass judgment on him who eats; for God has welcomed him. Who are you to pass judgment on the servant of another? It is before his own master that he stands or falls. And he will be upheld, for the Master is able to make him stand.

*Alleluia.* It is a good thing to give thanks unto the Lord, and to sing praises unto Thy name, O Most High. *Alleluia.* To tell of Thy mercy in the morning, and of Thy faithfulness every night. *Alleluia.*

**The Reading is from the Holy Gospel according to Saint Matthew**

*(6:14-21, Cheesefare / Forgiveness Sunday)*

Jesus said, if you forgive men their trespasses, your heavenly Father also will forgive you; but if you do not forgive men their trespasses, neither will your Father forgive your trespasses. "And when you fast, do not look dismal, like the hypocrites, for they disfigure their faces that their fasting may be seen by men. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by men but by your Father who is in secret; and your Father who sees in secret will reward you. "Do not lay up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there will your heart be also.