



SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian
Orthodox Christian Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins and have prepared
themselves by fasting are invited to receive Communion.
Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall
for coffee and refreshments.*

CALENDAR

January is Teen SOYO Education Month

- Today - 15-year Memorial for Celia Howard
Ladies Meeting, after coffee hour
Baptism of Madison Elias
- Monday - Parish Council Meeting
- Thursday - Matins, 9:00 am
- Saturday - Great Vespers, 5:00 pm
- Next Sunday - Matins 9:00 / Divine Liturgy 10:00
One-year memorial for Sarah Grasso.
- Fasting - There is fasting Wednesday and Friday this week.
- Home Blessings - *If you would like your home blessed in this season of the
Theophany, contact Father Joseph for an appointment.*

10 January
2010



Sunday after
the Theophany

Saint Gregory
of Nyssa

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Antiochian Orthodox Church
Diocese of Worcester & New England

YOUTH DAY CALL OF DUTY: PLAN FROM GOD

Saturday, January 23, 2010
the Cathedral in Worcester, 9:30 am - 3:30 pm

OPEN TO THOSE FROM 4TH GRADE THRU HIGH SCHOOL

Join your friends from Boston, Cambridge, the Cape, Dedham, Lawrence,
Lowell, Norwood, Pawtucket, Springfield, Warren and Worcester

and discover what a difference **YOU** can make
in the life of the Church!

Prayers, workshops, lunch, basketball, T-shirts & more

Plus: Archdeacon Seraphim & Deacon Nick

See your parish Teen SOYO leader to register
or RSVP to Greg Abdalah: abdalah.g@gmail.com

JOIN A MINISTRY TEAM

Thanks to everyone who contributes to the life of our God-protected parish: our ushers, singers, bread bakers, advisors and various representatives. If you would like to join your brothers and sisters at Saint George in a particular ministry, check out the roster of leaders in this bulletin and chat with the person in charge.

YOUTH DAY: CALL OF DUTY - PLAN FROM GOD

The first ever *Diocesan Youth Day* is Saturday, January 23rd, in Worcester. There will be workshops, speakers (Archdeacon Seraphim and Deacon Nick), food, fun, basketball and more. It is for guys and gals from fourth grade through high school. Please see Father Joseph or Emily Howard to be included (and if you need a ride.)

PRE-LENTEN RETREAT

“Back to the Future With Saint Ignatius: Then is Now!” Saturday, January 30th, right here at Saint George in Norwood. Sponsored by the Antiochian Women of the Diocese and featuring Mother Alexandra, Abbess of Saint Thekla Convent at Antiochian Village. Divine Liturgy at 9:00 am / Registration at 10:00 am.

STEWARDSHIP 2010

Our Stewardship Program for 2010 began last November. The Council asked everyone to return pledge cards by Christmas. Some folks are tardy in making their commitment -- this is a long-standing habit that must be broken! It makes budgeting very difficult.

As of Friday, 80 members have turned in pledges, totaling almost \$55,000. The average gift is \$676., which surpasses the 2009 levels. So while the program is moving slow, the amount being given to the church is improved.

There are five new donors this year. 69 of the 79 donors have included thier fair share for the Archdiocese.

ORDER OF SAINT IGNATIUS

The holiday gathering for members of the Order is Sunday, January 31st, at 2:00 pm at the Four Points here in Norwood. *Mother Alexandra* is the special guest.

MATHEWES FAMILY

While at home for Christmas, our seminarian Stephen was ordained subdeacon by Bishop THOMAS. *Axios.* The Mathewes’ son, Lucas was baptized. *Many Years.*

WINTERFEST HUFLI

Saint George of Boston is having a hufli on Saturday, February 6th, beginning at 8:00 pm in their hall, featuring *George Maalouf* and his Ensemble and the WLCU Dabke Troup. A complete ouzi dinner will be served. Phone co-chairs Rouh Elias (781-326-5547) or Doug Howdy (617-323-0323) for reservations.

10TH ANNUAL HUFLI

Saint George Cathedral in Worcester is having a hufli on Saturday, February 13th, featuring *Salah Kurdi*. Doors open at 7:30 with mazza. Music begins at 8:30 pm. RSVP by February 4th to hafli2009@gmail.com, Andre (508-667-7099) or Judy (508-752-7358).

CAMBRIDGE

The Fellowship at Saint Mary in Cambridge presents the *2010 Chinese New Year Missions* Cheesefare Breakfast to benefit the Chinese Translation Project via the Orthodox Fellowship of All Saints of China (OFASC). *Info:* Mitrophan Chin at mitrophan@orthodox.cn.

FROM CLEO, BARBARA, DAN & MADELINE:

Our heartfelt thank you to everyone for their prayers and donations for the health and recovery of Michael. The kindness shown to the family during this crisis is deeply appreciated. God answered our prayers. God Bless you.

HOLY BREAD - Gifts are offered by Erik Potter on his Name Day (Saint Gregory of Nyssa) and by the Howard family in memory of Celia Howard; a 15-year memorial will be served at the end of Liturgy.

COFFEE HOUR - Please join us for coffee and refreshments in the parish hall hosted today by Erik Potter and Andrew Howard.

VOTIVES - Seven day candles burn before the Icons; given by Sarah Pucci and the Byron Family for Kara Kinonian’s safe return from Kenya.

GIFTS TO SAINT GEORGE -

James & Arlene Kimmett*general donation*
 Michael, Samera Mike & Sons*for the health of Michael Eysie*
 Carol & Karen Elias*in memory of Sarah Grasso*

REMEMBER IN PRAYER -

Pray for the good health of the servants of God: Archpriest Nicholas, Archpriest Robert, Archpriest Michael, Khouriyee Elizabeth, Deacon Elias, Michael, Janis, Timothy, Kathyne, Edward, Nicholas, Richard, Claudia, Chris, Elizabeth, Loretta, Eliana, James, Richard, Michael, Frances, Samera, Stephanie, Mary, John, Jeanne, Gregory, Albert, Dimitri, James, Frederick, Anne, Grace, Robert, Nicole, Mary, Pauline, Ioana, Nicolae, Lillie, Carrie, Sam, Michael, Nancy, Kenneth, Joy, Thomas, Sarah, Nicholas, Charles, Catherine, Joyce, Janice, Barbara, Beverly, John. Katherine, Mary, Beverly, Najlae, Irene, Edmond, Helen, Frances, Felecia, Catherine, Margaret, Brian, Nicole, Marion, Donna, Linda, Edmond, Emaline, Carrie, Nicholas, Lovee, Sarah, Charles, Josephine, George, Sandy, Edward, Michael, Madeline, Rosemary, John, Margaret, Sarah, Dean, David, Sterling, Mary.

PRAYER LIST UPDATE *1. If there are loved ones for whom you have asked prayers, check the list and reconfirm their names with Father Joseph. 2. If there are people whose condition is such that they may not need the fervent prayers of the parish, let Father know. 3. If you added a name to the list and feel it would be good to include a last name, let Father know.*

Income January 3	Pledges	Donations & Memorials	Sunday Tray	Theophany Tray
\$4382.00	\$4040 .00	\$185.00	\$169.00	\$73.00

Council & Parish Leaders

Christine Byron
 Joseph Eysie
 Barbara Campbell (Secretary)
 Subdeacon Gheorghe Doros
 Andrew Howard (Chairman)
 Richard Plouffe
 Marwan Samman (Treasurer)
 John Shalbey jr.
 Linda Thomas (Vice Chair)

Assistant Treasurers:
 Beverly DiFlaminies
 Leeann Plouffe

Chanters - Erik Potter
 & Rezanne Toumi
 Choir Director - David Franciosi
 Christmas Card - Doris Copoulos
 Church Custodian - Gerry Mullen
 Epistle Readers - Lovee Thomas
 Food Pantry Rep. - Kay Moseley
 Holy Bread - Catherine Keches
 IOCC Rep. - Emily Howard
 Ladies President - Katie Birtwell
 Sacristan - Subdn. Gheorghe Doros
 Seminarians - Rabee Toumi &
 Subdeacon Stephen Mathewes
 Scholarship Committee - Helen Abril
 School Superintendent - Rich Plouffe
 Teen Advisor - Emily Howard
 Teen President - Timothy Markatos
 Teen Treasurer - Nicholas Kimmett
 Ushers - Andrew Howard
 & Marwan Samman
 Web-Master - Ekaterina Oleinik



Sunday After Theophany
Gregory of Nyssa

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 6)

When Mary stood at thy grave looking for thy sacred body, angelic powers shone above thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world; O thou that art risen from the dead! O Lord, glory to thee.

TROPARION OF EPIPHANY (TONE 1)

When thou O Lord wast baptized in the Jordan, worship of the Trinity was made manifest. For the voice of the Father bore witness to Thee calling Thee his Beloved Son; and the Spirit in the likeness of a dove confirmed the truth of His word. O Christ our God, who hath appeared and enlightened the world, glory to Thee.

TROPARION OF GREGORY OF NYSSA (TONE 4)

Thy righteous acts have manifested thee to thy flock as a model of faith, a reflection of humility, and a teacher of abstinence, O Father Bishop Gregory. Therefore, through humility thou hast achieved exaltation, and through poverty, riches. Intercede thou with Christ God to save our souls.

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF THE THEOPHANY (TONE 4)

Thou hast appeared today to the world and Thy light, O Lord, has been shown upon us. With full knowledge we praise Thee; thou has come; Thou art manifested; O unapproachable light.

according to Saint Matthew

(4:12-17, Sunday after Theophany)

When Jesus heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Caper'na-um by the sea, in the territory of Zebulun and Naph'tali, that what was spoken by the prophet Isaiah might be fulfilled: "The land of Zebulun and the land of Naph'tali, toward the sea, across the Jordan, Galilee of the Gentiles -- the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to preach, saying, "Repent, for the kingdom of heaven is at hand."

Prokeimenon and Verse:

Let Thy mercy, O Lord, be upon us. Rejoice in the Lord, O ye righteous.

The Reading is from the Apostle Paul's Letter to the Ephesians

(4:7-13, Sunday after Theophany)

Brethren, grace was given to each of us according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he led a host of captives, and he gave gifts to men." (In saying, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is he who also ascended far above all the heavens, that he might fill all things.) And his gifts were that some should be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fulness of Christ.

ALLELUIA**The Reading is from the Holy Gospel**