# ST. GEORGE ORTHODOX CHURCH

His Eminence Metropolitan PHILIP, Primate

Very Rev. Father Joseph Kimmett, Pastor

Very Rev. Father Nifon Abraham, Pastor Emeritus

WELCOME TO OUR VISITORS AND FRIENDS.

IT IS A BLESSING TO HAVE YOU WITH US AT SAINT GEORGE.

IF YOU WOULD LIKE TO KNOW MORE ABOUT OUR PARISH,

OR THE ORTHODOX CHURCH, PLEASE SEE THE PRIEST.

13 JULY 2008

4TH SUNDAY
AFTER
PENTECOST:

SUNDAY OF THE HOLY FATHERS ONLY THOSE ORTHODOX CHRISTIANS WHO ARE REPENTANT OF THEIR SINS AND HAVE PREPARED THEMSELVES THROUGH FASTING ARE INVITED TO RECEIVE HOLY COMMUNION. EVERYONE IS WELCOME TO VENERATE THE CROSS AND SHARE HOLY BREAD FOLLOWING THE LITURGY.

### THIS WEEK AT SAINT GEORGE

Monday - Parish Council Meeting, 7:00 pm

Saturday - Great Vespers, 5:00 pm

Next Sunday - Matins 9:00 am / Divine Liturgy 10:00 am

One-year memorial for Halem Howard

There is fasting on Wednesday and Friday this week.

### **HOLY BREAD**

The gifts are offered today by Aristides Tselikis and his family, in memory of Christine. A forty-day memorial will be served at the conclusion of the Liturgy.

### **COFFEE HOUR**

Please stop downstairs after Liturgy today for coffee and refreshments; sponsored by Aristides Tselikis and his family, in memory of Christine.

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### PARISH LIFE CONFERENCE REVIEW:

The 70th annual Diocese of Worcester & New England PLC took place two weekends ago in Providence, RI, and Norwood was well represented. The conference was presided over by His Eminence Metropolitan PHILIP and was attended by clergy and people from the ten parishes and missions.

Among the highlights: Our Ladies President, *Katie Birtwell* led a delegation at the meeting of the Antiochian Women; we also had representatives at the Fellowship meeting (more than most other parishes!) At the Teen SOYO meeting, *Jenna Weiskerger* was elected diocesan treasurer. The Bible Bowl was awesome, the closest competition in years; our teen team of *Timothy Markatos, Jen Byron* and *Jenna* tied for first place (then in overtime, the Pawtucket church won by a single point.) The adult team was *Kathy Kalliel* and *Judith Howard* and the leader for both teams was *Emily Shay*.

Saturday brought the Church School Awards breakfast, many of you had a sneak peak at the wonderful Wedding at Cana 3-D icon designed and produced by our students, it was really cool. **Rich Plouffe** introduced our students to His Emincence. After the meal was the Choir Festival, and you won't be surprised to hear that our singers were awesome. That evening the Parish Council / Order of Saint Ignatius Dinner was held and eleven folks from our church were there, including *Hellas Assad* who was inducted into the Order. The Conference concluded with Hierarchical Liturgy, at which many of our members attended, served at the altar and sang in the choir (led by *David Franciosi*.) Photos from the weekend are being compiled and will be posted soon on our web-site. (If there is a good picture on your camera, please forward it to Fr. Joseph.)



#### PARISH HALL PAINTED

Thanks to the team of painters who recently completed painting the parish hall. Stop in after Liturgy and check out the new color scheme.

### ENTERING THE CHURCH LATE

"The time to arrive at church is before the service starts, but for some unknown reason, it has become the custom - or rather the bad habit - for some to come to church late. If you arrive after the Divine Liturgy begins, try to enter the church quietly - and observe what is happening. If the Epistle or Gospel is being read or the Little or Great Entrance is taking place, wait until it is finished to quickly find a seat. If Father is giving the sermon, stay in the back until he has concluded. If in doubt, check with one of the ushers to see if it is a good time to seat yourself. Try not to interrupt the Liturgy with you entrance. By the way, the best way to avoid this problem is to arrive on time - then you don't have to wonder if it's okay to come in or not. People who come late to the Liturgy should not partake of the Eucharist!"

-- from the Parish Resource Guide (copies available at the church and on-line at www.StGeorgeNorwood.org

### **AUGUST DATES**

The month of August brings the *Dormition Fast*, a two-week period of preparation for the Feast of the Falling Asleep of the Mother of God. The *Paraklesis* will be served on the 4th, 7th & 11th at 8:00 pm. For the Feast, *Vespers & Artoklasia* will be served on the 14th at 7:00 pm and *Divine Liturgy* on the 15th at 9:00 am.

Also in August is the Feast of the *Transfiguration*,

Also in August is the Feast of the *Transfiguration*, on the 6th and the *Beheading of the Forerunner*, on the 29th; Liturgy both days is at 9:00 am

# IOCC's Frontline Clergy on the Ground in Iowa

Residents of Cedar Rapids, Iowa, spend their days piling debris outside their ruined homes. One woman who lost everything only cared about not finding her favorite picture of her daughter. "This is a vibrant community, which has been

changed forever. People try to go about their daily lives and they can't deal with a lot of what's hitting them emotionally right now," says Father Chris Flesoras, a member of International Orthodox Christian Charities' (IOCC) Emergency Response Network, known as the "Orthodox Frontline," which is providing trauma counseling and coordinating resources with other charities on the scene.

Also, learn about the first response team from IOCC to the flood ravaged areas via this Ancient Faith Radio podcast with Fr. Haralambos (Bob) Fox, who is on assignment in Cedar Rapids, IA.

IOCC's US Program dispatched the Frontline team to lowa after a week of torrential rains caused the worst flooding to hit the Midwest in 15 years. Twenty-four people perished and more than 40,000 had to evacuate their homes in what may be the largest disaster since Katrina.

This Frontline team, which includes Orthodox clergy from California and Georgia, arrived in Des Moines and quickly went to work building a network of contacts and resources within the Orthodox community, Catholic charities, and local hospitals.

Father Vasile Bitere, an IOCC Frontliner from Holy Trinity Orthodox Church in Augusta, Georgia, says that while "Des Moines residents were overwhelmed by the damage, what affected them more was the stress of repeating history. In 1993 the city was devastated by massive flooding."

In Cedar Rapids, the team met with the Orthodox community including clergy and parishioners from St. John the Baptist and St. George, and then on to the St. Raphael mission in Iowa City. While the churches did not sustain damage, some parishioners lost homes and possessions.

The IOCC team organized a pan Orthodox service of supplication to the Theotokos and performed stress management debriefings. "We offered them our ministry of presence." says Father Chris, who is pastor of St. Anna Orthodox Church in Roseville, California. "And we worked to link people with the resources we had gathered from different charities." Some of the help offered was as basic as filling out FEMA disaster claims and informing the survivors of other assistance options.

IOCC is also providing cash grants to Orthodox parishioners who have sustained damage and, and is partnering with Catholic Charities to reach out to the community at large. The Frontline team will make their final report to IOCC senior executives, who will then determine resources available for future assistance.

"This is going to be a long recovery process," says Frontliner Father Bob Fox, of St. Nicholas Church in Northridge, California, "and people will experience a crisis of faith along with the day to day hardship of trying to recover homes and businesses."

Help us speed relief to the Midwest's devastated communities by making a donation today. Call IOCC's donation hotline toll-free at 1-877-803-4622, make a gift on-line at www.iocc.org, or mail a check or money order payable to "IOCC" and write "US Emergency Response" in the memo line to: IOCC, P.O. Box 630225, Baltimore, Md. 21263-0225.

TOTAL DEPOSIT JUNE 2008	PLEDGES	LONG-RANGE (MEMORIALS & DONATIONS)	Tray	Special Tray	COFFEE HOUR OUTREACH BASKET
\$7668.00	\$3820.00	\$1097.00	\$881.00	N.A.	\$80.00



#### PRAYERS OF OBLATION AND DONATIONS

	Sam & Beverly DiFlaminies and Marwan & Ibtisam Samman for the health of Kelly Bennett Doris Pilavios and Ann Conroy in memory of Nicholas Pilavios
	John & Emilia Purnickescu on the occasion of the Churching of their son Matthew
	Melanie Belcher
	Kay Mike for the health of Barbara Mike and in memory of Evelyn Shade
James & Arle	ne Kimmett
Sophie & Michele Lichfieldgeneral d	
Robert & Pau	ıla Horne

Donations in memory of Edward Kelley will be printed in the bulletin next week

#### REMEMBER IN PRAYER

Pray for the good health of the servants of God: Archpriest Edward, Priest Robert, Khouriyee Elizabeth, Deacon Elias, Stepahanie, Mary, Florence, Alice, Hayes, Katrina, Elsa, John, Jeanne, Gregory, Albert, Dimitri, James, Frederick, Anne, Grace, Renee, Robert, Nicole, Mary, Pauline, Ioana, Nicolae, Kathleen, Lillie, Jennifer, Carrie, Sam, Camille, Michael, Mikayla, Christopher, Nancy, Kenneth, Joy, Claudia, Thomas, Sarah, Nicholas, Charles, Catherine, Joyce, Janice, Barbara, Beverly, John, Katherine, Mary, Beverly, Najlae, Irene, Edmond, Helen, George, Frances, Marlene, Felecia, Catherine, Lana, Gail, Margaret, Brian, Nicole, Marion, Donna, Linda, Edmond, Emaline, Carrie, Nicholas, George, Lovee, Elizabeth, Sarah, Charles, Jenine, Josephine, George, Sandy, Edward, Michael, Madeline, Rosemary, John, Margaret, Sarah, Nima, Dean, David, Sterling, William, Mary. **Pray** for the newly departed servant of God Edward (Kelley.)

#### THE PARISH COUNCIL

Leeann Plouffe - Chairwoman

Barbara Campbell, Paul Eysie, Camille Florio (Secretary), Andrew Howard (Vice Chairman), Marlene Lupaczyk, Marwan Samman (Treasurer), Linda Thomas and Sharon Weiskerger

### CHURCH LEADERS

Ladies of Saint George - Katie Birtwell, President Parish Chanter - Paul Eysie Teen Advisor - Michele Markatos Ushers - Andrew Howard & Marwan Samman Bible Bowl Team Leader - Emily Shay Web-Master - Ekaterina Oleinik Church Custodian - Gerry Mullen

Church School - Rich Plouffe, Superintendent Choir Director - David Franciosi

Teen President - Jenna Weiskerger Epistle Reader Coordinator - Lovee Thomas Seminarian - Michael Razook

Scholarship Committee Chair - Helen Abril

# SUNDAY 13 JULY 2008 • FOURTH SUNDAY AFTER PENTECOST

TONE 3 • EOTHINON 4 • SUNDAY OF THE HOLY FATHERS OF THE 4TH ECUMENICAL COUNCIL

### **Eisodikon**

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

## Troparion of the Resurrection (Tone 3)

Let the heavens rejoice and the earth be glad; for the Lord hath done a mighty act with his own arm. He hath trampled down death and become the First-born from the dead. He hath delivered us from the depths of hades, granting the world the Great Mercy.

### Troparion of the Fathers (Tone 8)

Thou, O Christ, art our God of exceeding praise who didst establish our holy Fathers as luminous stars upon earth, and through them didst guide us unto the true Faith, O most merciful One, glory to thee.

# Troparion of Saint George, Patron of our Community (Tone 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

### Kontakion (Tone 2)

O Undisputed intercessor of Christians, the mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time,

# **EPISTLE & GOSPEL**

### Prokeimenon and Verse:

Blessed art Thou, O Lord, the God of our Fathers, and praised and glorified is Thy name unto the ages. For righteous art Thou in all which Thou hast done for us.

# The Reading is from Apostle Paul's Letter to Titus

(3:8-15, for the Fathers)

The saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tych'icus to you, do your best to come to me at Nicop'olis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apol'los on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greetings to you. Greet those who love us in the faith. Grace be with you all.

### Alleluia

The Reading is from the Holy Gospel according to Saint Matthew

(5:14-19 for the Fathers)

### Glory to Thee O Lord, Glory to Thee

"You are the light of the world. A city set on a hill cannot be hid. Nor do men light a lamp and put it under a bushel, but on a stand, and it gives light to all in the house. Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven. "Think not that I have come to abolish the law and the prophets; I have come not to abolish them but to fulfil them. For truly, I say to you, till heaven and earth pass away, not an iota, not a dot, will pass from the law until all is accomplished. Whoever then relaxes one of the least of these commandments and teaches men so, shall be called least in the kingdom of heaven; but he who does them and teaches them shall be called great in the kingdom of heaven.

# Glory to Thee O Lord, Glory to Thee