



SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian
Orthodox Christian Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

Rev. Deacon Stephen Mathewes
Subdeacon Gheorge Doros
Subdeacon Joseph Kouyoumjian

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins
and have prepared themselves by fasting
are invited to receive Communion.*

*Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall
for coffee and refreshments.*

CALENDAR

- Monday - Parish Council Meeting, 7:00 pm
- Friday - Parish Life Conference begins, Sturbridge, MA
- Next Sunday - NO SERVICES in NORWOOD,
Hierarchical Liturgy at Conference, 10:00 am
- Fasting - The Apostles Fast continues through June 28th.

13 June 2010



**Third Sunday
after
Pentecost**

Six Atwood Avenue
Norwood, MA 02062
Tel. 781-762-4396
Fax. 781-255-1871
StGeorgeNorwood.org

PARISH LIFE CONFERENCE: FRIDAY through SUNDAY

Saint George always has a good presence at the annual PLC. We hope to see lots of folks in Sturbridge next weekend. Google maps suggest a driving time of 1:15 from Atwood Avenue to the Conference Center, so come early and stay the weekend or pick and choose your favorite activities. Liturgy next Sunday with Bishop THOMAS will be followed by the awards brunch (for which you should make reservations!)

Friday highlights include Vespers (5:00), Welcome Dinner (6:30) & Bible Bowl (8:00)

Saturday includes a Picnic (noon), Vespers (5:00), Council - Saint Ignatius Dinner (6:00) and Hafli (8:00).

Sunday Hierarchical Liturgy (10:00) and Awards Brunch (noon)

Sturbridge Host Hotel & Conference Center in Sturbridge, Massachusetts, is located on the shores of the beautiful Cedar Lake. Sturbridge Host Hotel is also located near fun attractions including Old Sturbridge Village and Six Flags New England.

Sturbridge Host Hotel & Conference Center is a popular destination for meetings, special events, and weddings. The serene location on Cedar Lake is accessible via the Massachusetts Turnpike. Sturbridge Host Hotel offers over 35,000 square feet of flexible event space, and 232 guestrooms and suites.

The Sturbridge area is rich with signature New England experiences. Old Sturbridge Village, located adjacent to Sturbridge Host Hotel & Conference Center, offers interesting living history programs and activities. The Brimfield Antique Show, the largest antique show in New England, is a popular annual event. Families enjoy theme park fun at nearby Six Flags New England, and summers on Cedar Lake are a long-standing tradition for many Massachusetts locals.

Directions to Sturbridge Host Hotel.

Sturbridge Host Hotel & Conference Center is located on Route 20. From the North, East and West, take the Massachusetts Turnpike (Interstate 90) to Exit 9, Route 20 West. From the South, take either Interstate 84 or Route 131 to Route 20 West. Sturbridge Host Hotel & Conference Center is located on the shore of Cedar Lake, just past the first set of traffic lights.



**The earth
is the Lord's,
and its fullness,
the world and all
who dwell therein.**

Psalm 23 (24):1

The **Parish Life Conference** is being hosted by Saint George Cathedral Worcester, THIS WEEKEND. Phone the Sturbridge Host Hotel for a room, 508-347-7393 or at www.sturbridgehosthotel.com. Register at www.stgeorgeworcester.org/2010plc.html. There will be no services in Norwood next weekend.

CHURCH ETIQUETTE

The Department of Marriage and Family Ministry of the Archdiocese, in conjunction with Conciliar Media Ministries has produced a new booklet on church etiquette. Much of the content will sound familiar, but it is always good to hear things a new way. For the next several weeks, our bulletin will contain excerpts.

It is a pious Orthodox tradition to light candles for personal petitions and intercessions when entering the church. Most parishes have designated candle stands or holders for these candles. It is not proper to light candles at certain times during the service—generally the same times when you should not enter the church, such as during the Little and Great Entrances, when the priest is censuring the icons and congregation or giving the homily, or during the reading of the Epistle or Gospel. The candles should be allowed to burn all the way down without being extinguished early, since the burning candle symbolizes our prayers rising to heaven and the light of Christ in our midst. Please do not allow young children to light candles alone, for safety rea-

sons. It is customary to make a donation for each candle. (In Norwood, \$1 for a taper, \$10 for a seven-day votive.)

Venerating Icons

The Orthodox Church teaches that it is proper to venerate, not worship, icons. The acceptable way to do this is to kiss either the hands or feet of the saint depicted in the icon, or the scroll, the Gospel book, or the hand cross a saint is holding. Please do not wear lipstick when kissing the icons since the residue will ruin them.

Additional Pious Customs

- **Crossing oneself**—It is always appropriate to cross oneself at the mention of the Holy Trinity—Father, Son, and Holy Spirit; whenever entering or leaving the church; at the beginning of the Liturgy; when passing in front of the altar; when venerating an icon, the Gospel, or the cross; and at times for personal petitions. It is not necessary to cross oneself when the priest is giving a blessing or censuring the congregation. Instead, one should bow to receive the blessing.

- **Bowing**—Orthodox Christians bow when the Theotokos and Christ are petitioned. They also bow to the priest at his blessing, and when he asks forgiveness before the Great Entrance and again before Holy Communion. It is traditional for the Orthodox faithful to bow and cross themselves when they enter and leave the church, and when they pray before the icons.

- **Kneeling**—In some Orthodox traditions there are times when kneeling is a pious practice in the Liturgy, the most notable being at the Consecration of the Holy Gifts. However, kneeling is prohibited during the Paschal season, from Pascha to Pentecost, in honor of the Resurrection.

- **Touching the priest's vestments**—It is a tradition in some parishes to touch the hem of the priest's vestment or phelonion as he passes by in the Great Entrance with the Holy Gifts. This custom imitates the woman who was healed by touching the hem of Christ's robe. When touching the hem of the priest's phelonion, one should be careful not to step in front of the procession, to pull or tug on the garment.

HOLY BREAD - The gifts are offered today by the Markatos Family.

COFFEE HOUR - Please stay for refreshments after Liturgy, hosted today by Michelle Markatos for Taso, Timothy and Dino Krekis.

VOTIVE - A seven day candle burns before the Icon of Christ, given in thanksgiving for Lovee Thomas on her birthday by Sandy Thomas and Family.

If you would like to offer holy bread and coffee hour in the coming weeks, please sign the book in the parish hall. Coffee hours can be quite simple -- drinks, bagels, fruit. Or it can be more elaborate, the choice is yours. You can set up a table on the patio if you like. It is nice to have time for fellowship with parishioners and opportunities to welcome guests

GIFTS TO SAINT GEORGE -

Eugenia Georgesin memory of Michael Georges
James and Arlene Kimmett general donation
Kay Mike in memory of Marie Fickers

REMEMBER IN PRAYER -

Pray for the servants of God: Archpriest Nicholas and Pamela (Manikas), Archpriest Michael (Lewis), Archpriest Alexander (Atty), Deacon Elias (Hamaty), Tripp (Head), Roger (Esysie), Alan (Andrew), Lana (Joseph), Christina (Adams), Emaline (Eakle), Jamil (Samara), Atallah (Amirhom), David (Elliott, serving in Iraq), Michael (Eysie), Janis, Timothy (Wright), Kathrynne (Howard), Edward (Arees), Nicholas, Claudia (Eysie), Najlae (Solomon), Frances (Giandomenico), Frederick (Howard), Lillie (Kelley), Lovee (Thomas), Sandy (Thomas), Loretta (Thomas), George (Fares), Charles (Howard), Eliana, Anne, Grace, Mary, Ioana, Nicolae, Carrie, Sam, Nicholas, Barbara, John, Felecia, Catherine, Margaret, Brian, Nicole, Marion, Linda, Carrie, Sarah, Josephine, Dean, David, Sterling.

Last 2 weeks Income	Pledges	Donations & Memorials	Tray	Special Collection
\$1255.00	\$905.00	\$115.00	\$340.00	N.A.

Council & Parish Leaders

Christine Byron
Joseph Eysie
Barbara Campbell (Secretary)
Subdeacon Gheorghe Doros
Andrew Howard (Chairman)
Richard Plouffe
Marwan Samman
John Shalbey jr.
Linda Thomas (Vice Chair)

Assistant Treasurers:
Beverly DiFlaminies
Leeann Plouffe

Chanters - Erik Potter
& Rezanne Toumi
Choir Director - David Franciosi
Christmas Card - Doris Copoulos
Church Custodian - Gerry Mullen
Epistle Readers - Lovee Thomas
Food Pantry Rep. - Kay Moseley
Holy Bread - Catherine Keches
IOCC Rep. - Emily Howard
Ladies President - Katie Birtwell
Sacristan - Subdn. Gheorghe Doros
Seminarists - Rabee Toumi &
Deacon Stephen Mathewes
Scholarship Committee - Helen Abril
School Superintendent - Rich Plouffe
Teen Advisor - Emily Howard
Teen President - Timothy Markatos
Teen Treasurer - Nicholas Kimmett
Usher - Andrew Howard
Web-Master - Ekaterina Oleinik



Third Sunday after Pentecost
Martyr Aquilina of Bylos; Antipater, bishop of Bostra

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 2)

When thou, O immortal Life, didst humble thyself unto death, then didst thou destroy death by the brightness of thy Godhead; and when thou didst raise the bowels of the earth, then all the heavenly powers exclaimed, O Christ, thou art the Giver of life! Glory to thee, O our God!

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION (TONE 4)

O Undisputed intercessor of Christians, the mediatrix unrejected by the Creator, turn not away from the voice of our petitions, though we be sinners. Come to us in time, who cry to thee in faith, with assistance; for thou art good. Hasten to us with intercessions, O Theotokos, who dost ever intercede for those who honour thee.

EPISTLE AND GOSPEL

The Lord is my strength and my song. The Lord has chastened me sorely.

The Reading is from the Epistle of Apostle Paul to the Romans (5:1-10; 3rd Sunday)

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man--though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life. Not only so, but we also rejoice in God through our Lord Jesus Christ, through whom we have now received our reconciliation.

Alleluia

The Reading is from the Holy Gospel according to Saint Matthew (6:22-33; 3rd Sunday)

Jesus said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! "No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. "Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows that you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well.