



# SAINT GEORGE

## ORTHODOX CHRISTIAN CHURCH

Most Rev. Metropolitan PHILIP, Primate  
*Antiochian Orthodox Archdiocese of North America*

Right Rev. Bishop JOHN  
*Diocese of Worcester & New England*

Very Rev. Father Joseph Kimmett, *Pastor*

**Welcome. It is a great pleasure to have visitors and friends with us at Saint George. If you would like to know more about our parish, or the Orthodox Faith, please don't hesitate to ask.**

*Communion: Orthodox Christians who have confessed their sins, who and have prepared themselves by fasting, and who have been present from the start of the service are invited to approach the chalice. Everyone may partake of the holy bread.*

**4 March  
2012**

◆  
**Orthodoxy  
Sunday**

◆  
**First Sunday  
in Lent**

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Norwood, MA 02062  
Tel. 781-762-4396  
Fax. 781-255-1871  
StGeorgeNorwood.org

### CALENDAR

<u>Today</u> -	Church School, 12:45 pm  Sunday of Orthodoxy Vespers: Saint George Cathedral, Worcester with Bp JOHN, 6:00 pm Annunciation, Brockton, 5:00 pm Holy Trinity, Boston
<u>Monday</u> -	Diocesan Great Compline, 7:00 pm in Lowell
<u>Wednesday</u> -	Pre-Sanctified Liturgy <i>and Lenten potluck</i> , 6:00 pm
<u>Friday</u> -	Salutations on the Akathist / Madayar, 7:00 pm <i>Coffee and Discussion group follows</i>
<u>Saturday</u> -	Great Vespers, 5:00 pm
<u>Next Sunday</u> -	Matins & Divine Liturgy, 9:00 / 10:00 am

***The Great Fast has begun and continues through Pascha.  
The faithful abstain from meat, fish, dairy, wine and oil.  
There is katalysis (a lightening of the fast) for wine and oil on weekends.***

*"... the disciples were first called Christians in Antioch." - Acts 11:26*

The Most Reverend  
Metropolitan PHILIP



Archbishop of New York and  
Metropolitan of All North  
America

### The Self-Ruled Antiochian Orthodox Christian Archdiocese OF NORTH AMERICA

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St. George Church  
V. Rev. Fr. Joseph Kimmett  
6 Atwood Ave.  
Norwood, MA 02062-4102

March 4, 2012  
Sunday of Orthodoxy

Beloved in Christ:

On this first Sunday of the Great Fast we make our annual appeal to you in the name of our young men who are undertaking theological studies in preparation for ordination to the holy priesthood. We thank God that He has blessed this Archdiocese with 20 seminarians this year; and we thank their parents, pastors, teachers and you, the faithful of our parishes, who have encouraged them in this sacred vocation. As you consider this appeal, please remember that their educational costs have risen dramatically in the past several years. I am sure those of you with college-aged children or grandchildren know exactly what I mean. Each qualified student receives a full scholarship from the Archdiocese.

These young men are dedicating their entire lives to serving Christ and his holy Church. That means they are dedicating their entire lives to serving each and every one of you. As such, we ask your help in educating them and removing from them the burden and worry of having to pay back thousands of dollars while trying to serve you and support a family at the same time. We have every confidence that you will again generously respond with your prayers for our seminarians and with financial contributions according to your means.

Asking the All-holy Trinity to bless you with a most rewarding Lenten journey to the glorious Pascha, we remain,

Your father in Christ,

+ Metropolitan PHILIP, Primate  
The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

**Note: Please make your check payable to the "Antiochian Archdiocese" and earmark it "Sunday of Orthodoxy". St. George Church-Norwood- Minimum Contribution is \$ 400**

**GREAT LENT**

- Copies of the Lenten service schedule are available today. as are the March-April calendar.
- This year, following the Friday Akathist, there will be a discussion group in the parish hall. Join us for coffee and chat about topics that interest you.
- Now in its 38th year, **Food For Hungry People** is the archdiocese program established to help all of us help those less fortunate. Take home a box to fill with alms.
- Read the Old Testament Scriptures each day of the fast. Have them sent to your computer each morning by registering at <http://www.goarch.org/listserv/>
- On-line Bible Study can also be found in your email each day from Dynamis; sign up for this service at [www.orthodoxdynamis-subscribe@yahogroups.com](http://www.orthodoxdynamis-subscribe@yahogroups.com)

**LADIES MONTH**

Throughout out archdiocese this month, we celebrate the ministry of all the women in our churches. You always see them hard at work, this month as they read the epistle and pass trays be sure and give thanks to God for their dedication. Here in Norwood, the Ladies will meet next Sunday right after the Liturgy.

As we celebrate the Sunday of Orthodoxy; the commemoration of the restoration of the Icons to the Church and as part of Ladies Month, we are pleased to have Kh. Erin speak about iconography in the church.

**YOUTH NEWS**

- The **Teen SOYO Lenten Retreat** is March 23-25 at the Saint Methodios Center in Contoocook, NH. The topic is “Heroes of the Old Testament”, led by Katrina Bitar. Father Joseph will be there, as will His Grace Bishop JOHN. Registration forms are in the parish hall.
- For the Conference, Erik is beginning **Bible Bowl** study on Romans, see him right away for a schedule.

**PARISH LIFE CONFERENCE**

109 DAYS -- that’s how long we have to prepare for the PLC, which we are hosting this year. Your part includes making a reservation at the beautiful Cliff House Resort in Ogunquit, Maine. Go to: [www.CliffHouseMaine.com/attendees](http://www.CliffHouseMaine.com/attendees)  
The user name is PARISH and the password: pa986B

Then, see our web-site for all the up-to-date information. Many of the forms are also available today in the parish hall. Finally, help us out by volunteering to help -- both now and at the Conference. See David or Leeann today.

**BRICK SALES**

It has been two years since we offered the chance to have an engraved brick placed in the patio. Now is your chance, pick up a form in the parish hall today. We will collect the orders in April, have them engraved and placed outside later in the spring.

**AABA NEWS**

The Arab American Benevolent Association Benefit Hufli will be May 12th at Saint John of Damascus Church in Dedham. If you would like to support the event, please contact George Matook at [georgematook@mac.com](mailto:georgematook@mac.com) or Jenna Weiskerger at [jweisker@student.umass.edu](mailto:jweisker@student.umass.edu).

Also, AABA is hosting Arabic language lessons, beginning this Wednesday at the the Cheriton Grove Apartments in West Roxbury, from 7:00-8:00 pm. They will be taught by Sadie Sebaaly for ten weeks. If you are interested, contact Olivia Waishek at [Olivia.Waishek@verizon.net](mailto:Olivia.Waishek@verizon.net)

**BISHOPS VISIT**

His Grace Bishop JOHN will be with us the weekend of April 21-22 to celebrate Thomas Sunday and the Feast of Saint George. Mark your calendars.

**HOLY BREAD** - The gifts today are offered by the Cassidy Family.

**COFFEE HOUR** - Please stay for refreshments following Liturgy, hosted by Joan Cassidy.

**FLOWERS** - The bouquets before the Icons are given by the Cassidy family in memory of Marty Kelley. Memory eternal.

**GIFTS TO SAINT GEORGE**

*The list of donations will be updated next Sunday*  
Phyllis Spicer, Buddy & Mary Ellen Mabardy .....  
..... *in memory of Diana Corey Beattie*

**REMEMBER IN PRAYER -**

**Pray** for the servants of God: Archpriest Michael and the Abdelahad Family; Archpriest Alexander (Atty), Archpriest Elias and Kh. Joanne (Bitar), Sheila (Bennett), Debbie (Braun), Pedro (Angie’s brother), Margaret (Domet), Effie (Kalliel), Anne (Krekis), Marion (Redonnet,) Sarah (Kelley), Nicolae (Daniela’s father), Jack (Lucine’s father), Karen, Charles, Mahasen Yacoub (Ibti’s mother), David (Rediker), Beverly (DiFlaminies), Pamela (Manikas), Deacon Elias (Hamaty), Fred (Tomm), John (Howard), Darcey, David (Knipe and family), Alan (Andrew), Lana (Joseph), Christina (Adams), Emaline (Eakle), Cleo (Eysie), Timothy (Wright), Kathryne (Howard), Nicholas, Claudia (Eysie), Najlae (Solomon), Lovee (Thomas), Sandy (Thomas), Charles (Howard), Mary, Catherine, Josephine.

**Pray** for the handmaids of God Rezanne and Daniela who are with child.

**Pray** for Deacon Luke Toumi’s family in Homs, Syria and for Shamassy Rezanne’s father Khalil, who is very sick. *A note to Deacon & Rezanne would be appreciated: 1501 Asbury Place #1, Pittsburgh, PA 15217.*

February 26 Income	Pledges	Donations & Memorials	Tray	Special Tray
\$ .00	\$ .00	\$ .00	\$ .00	N.A.

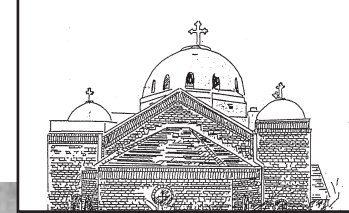
**Council & Parish Leaders**

- Christine Byron
- Joan Cassidy (Chair)
- Joseph Eysie (Vice Chair)
- Gheorghe Doros (Treasurer)
- Anthony Grasso
- Katia Oleinik (Secretary)
- Richard Plouffe
- Ibtisam Samman
- Linda Thomas

*Assistant Treasurers:*

- Beverly DiFlaminies
- Leeann Plouffe

- Building Committee - Andrew Howard
- Chanter - Erik Potter
- Choir Director - David Franciosi
- Christmas Card - Doris Copoulos
- Church Custodian - Gerry Mullen
- Epistle Readers - Lovee Thomas
- Food Pantry Rep. - Kay Moseley
- Holy Bread - Catherine Keches
- Hospitality -
- IOCC Rep. - Emily Pappas
- Ladies President - Katie Birtwell
- Order of St Ignatius Liason - Erin K.
- Sacristan - Subdn. Gheorghe Doros
- Scholarship Committee - Helen Abril
- School Superintendent - Rich Plouffe
- Seminarian - Jason Falcone
- Teen Advisor -
- Teen President - Alex Oleinik
- Usher - Andrew Howard
- Web-Master - Ekaterina Oleinik



**First Sunday in Lent**  
**Sunday of Orthodoxy · Restoration of the Holy Icons**

**EISODIKON**

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

**TROPARION OF THE RESURRECTION (TONE 5)**

Let us believers praise and worship the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the Cross in the flesh, to suffer death, and to raise the dead by his glorious Resurrection.

**TROPARION OF THE FIRST SUNDAY IN LENT (TONE 2)**

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by thine own will thou didst ascend the Cross in thy body, to save thy creatures from bondage of the enemy. Thou hast verily filled all with joy, since thou didst come, O our Saviour, to save the world.

**TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)**

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

**KONTAKION OF THE ANNUNCIATION (TONE 8)**

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

**MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)**

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

**EPISTLE AND GOSPEL**

*Prokeimenon and Verse:*

Blessed art Thou, O Lord, the God of our Fathers. For Thou art just in all that Thou hast done to us.

**The Reading is from the Apostle Paul's Letter to the Hebrews**

*(11:24-25; 32-40, Sunday of Orthodoxy)*

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated-- of whom the world was not worthy--wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

*Alleluia.* Moses and Aaron among His priests, and Samuel among them that call upon His name. Alleluia. They called upon the Lord, and He hearkened unto them. *Alleluia.*

**The Reading is from the Holy Gospel according to Saint John**

*(1:43-51, Sunday of Orthodoxy)*

The next day Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Beth-sa'ida, the city of Andrew and Peter. Philip found Nathan'a-el, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathan'a-el said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathan'a-el coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathan'a-el said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathan'a-el answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

**THE LORD'S PRAYER will be PRAYED in the native languages of our people each Sunday in Lent. We begin with English, then Arabic, Greek, Russian, Romanian...**

## SUNDAY OF ORTHODOXY

### FIRST SUNDAY IN LENT: SUNDAY OF ORTHODOXY

The dominant theme of the first Sunday in Lent since 843 has been that of the victory of the icons. In that year the iconoclastic controversy, which had raged on and off since 726, was finally laid to rest, and icons and their veneration were restored on the first Sunday in Lent. Ever since, that Sunday been commemorated as the "triumph of Orthodoxy."

The name of this Sunday reflects the great significance which icons possess for the Orthodox Church. They are not optional devotional extras, but an integral part of Orthodox faith and devotion. They are held to be a necessary consequence of Christian faith in the incarnation of the Word of God, the Second Person of the Trinity, in Jesus Christ. They have a sacramental character, making present to the believer the person or event depicted on them. So the interior of Orthodox churches is often covered with icons painted on walls and domed roofs, and there is always an icon screen, or iconostasis, separating the sanctuary from the nave, often with several rows of icons. No Orthodox home is complete without an icon corner, where the family prays.

Icons are venerated by burning lamps and candles in front of them, by the use of incense and by kissing. But there is a clear doctrinal distinction between the veneration paid to icons and the worship due to God. The former is not only relative, it is in fact paid to the person represented by the icon. This distinction safeguards the veneration of icons from any charge of idolatry.

### THE PROCESSION OF THE HOLY ICONS

*Hymns and prayers from the Vesper Service will be incorporated into our Icon Procession today. The clergy, bearing icons, make a procession around the church. The altar servers carry the candles, the cross and fans followed by the faithful (especially the young people) carrying their icons. The procession will go around the entire church, stopping in each of the four corners, as the choir sings the troparion of the Sunday of Orthodoxy between each stop.*

#### Ektenia at the First Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*After each petition:* Lord, have mercy. (thrice)

Again we pray for all pious and Orthodox Christians.

Again we pray for our Father and Metropolitan PHILIP and our Bishop JOHN.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession continues /Troparion*

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by thine own will thou didst ascend the Cross in thy body, to save thy creatures from bondage of the enemy. Thou hast verily filled all with joy, since thou didst come, O our Saviour, to save the world.

#### Ektenia at the Second Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*After each petition:* Lord, have mercy. (thrice)

Again we pray for our brethren: the priests, hieromonks, deacons, hierodeacons and monastics and all our brotherhood in Christ.

Again we pray for mercy, life, peace, health, salvation and visitation and pardon and remission of sins for all Orthodox Christians of true worship, who live and dwell in this community.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession continues /Troparion*

#### Ektenia at the Third Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*After each petition:* Lord, have mercy. (thrice)

Again we pray for the blessed and ever-memorable founders of this holy church and for all our fathers and brethren, the Orthodox departed this life before us, who here and in all the world lie asleep in the Lord.

Again we pray for those who bear fruit and do good works in this holy and all venerable temple, those who serve and those who sing, and for all the people here present, who await Thy great and rich mercy.

For Thou art a merciful God and lovest mankind, and unto Thee we ascribe glory: to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession continues /Troparion*

#### Ektenia at the Fourth Stop

Have mercy on us, O God, according to Thy great mercy, we pray Thee, hearken and have mercy.

*Choir:* Lord, have mercy. (thrice)

Again we pray for the ever-memorable Orthodox patriarchs, kings and rulers, and all our fathers and brethren, the Orthodox departed this life before us, who here and in all the world lie asleep in the Lord.

*Choir:* Memory eternal. (thrice)

For Thou art the Resurrection, and the Life, and the Repose of Thy departed servants, O Christ our God, and unto Thee we ascribe glory, together with Thy Father, Who is from everlasting, and Thine All-Holy, and good, and life-giving Spirit: now and ever, and unto ages of ages. *Choir: Amen.*

*The Procession returns to the solea as the choir sings the troparion. The clergy and people then read the Synodikos (Confession of Faith):*

**As the prophets beheld, as the Apostles have taught,...as the Church has received... as the teachers have dogmatized,...as the Universe has agreed,... as Grace has shown forth,...as Truth has revealed,...as falsehood has been dissolved,...as Wisdom has presented,...as Christ Awarded,...thus we declare,...thus we assert,...thus we preach Christ our true God, and honor as Saints in words, in writings, in thoughts, in sacrifices, in churches, in Holy Icons; on the one hand worshiping and reverencing Christ as God and Lord; and on the other hand honoring as true servants of the same Lord of all and accordingly offering them veneration.**

*(Louder)* **This is the Faith of the Apostles, this is the Faith of the Fathers, this is the Faith of the Orthodox, this is the Faith which has established the Universe.**

*Prokeimenon:* Who is so great a God as our God? Thou art our God, who alone does wonders (x3)

*The Troparion of the Feast followed by the dismissal.*