



SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian
Orthodox Christian Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins and have prepared
themselves by fasting are invited to receive Communion.
Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall
for coffee and refreshments.*

CALENDAR

Monday -	Great Compline, 7:00 pm, here
Tuesday -	Parish Concil Meeting
Wednesday -	Pre-Sanctified Liturgy (and potluck dinner), 6:00 pm
Thursday -	Ladies Meeting, 6:30 pm
Friday -	Akathist (Medayeh), 7:00 pm
Saturday -	Great Vespers, 5:00 pm
Next Sunday -	Saint John of the Ladder Matins 9:00 / Divine Liturgy 10:00am <u>DAYLIGHT TIME</u>
Fasting -	<i>The Lenten fast has begun and continues through Pascha. You are to abstain from meat, fish, dairy, eggs, wine & olive oil. There is katalysis for wine and oil on weekends and also this Tuesday, the Feast of the Holy Forty Martyrs of Sebaste.</i>

**7 March
2010**
◆
**Third Sunday
in Lent:
Veneration
of the
Holy Cross**

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MARCH IS LADIES MONTH IN THE ARCHDIOCESE - It is the time of the year when we once again shine the spotlight on the ministry of the Ladies of Saint George. At Liturgy they will read the epistles and pass the trays; they will sponsor a fish dinner for the Annunciation and a fashion show in April. Today Katie Birtwell will speak about the 2010 Project undertaken by the Antiochian Women throughout the archdiocese.

THE MOST REVEREND
METROPOLITAN PHILIP



ARCHBISHOP OF NEW YORK AND
METROPOLITAN OF ALL
NORTH AMERICA

The Self-Ruled Antiochian Orthodox Christian Archdiocese
OF NORTH AMERICA

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March 1, 2010

TO BE READ FROM THE PULPIT AND PUBLISHED IN THE CHURCH BULLETIN

Beloved Hierarchs, Clergy and Faithful of our Archdiocese,

Greetings and blessings in the spirit of the Great Lent which is leading us to the glorious Pascha.

The month of March is designated as Women's Month in our Archdiocese. Since its inception in 1973, the Antiochian Orthodox Christian Women of North America, have raised over two million, three hundred thousand dollars toward the funding and support of many of our projects, such as Antiochian Village, Married Seminarians, Project Orphanages and the Katherine Ajar Endowment Fund, Retired Clergy Housing Fund, Children With Special Needs and many others. Through their hard work, dedication and commitment, they have continued to find many ways to strengthen their ministry in the Orthodox Church.

Over the years, the Antiochian Women have always shown much concern for orphans throughout the world. Therefore, the first Sunday in March will continue to be designated as "Orphans Sunday". During the month of March, you will see our women in more active roles in the church, such as reading the Epistle, taking the collection, and addressing those attending Liturgy, about the role of the Antiochian Women in their parishes, diocese and Archdiocese, as well as their new project, The Convent of St. Thekla at Antiochian Village.

"Project 2010 - The Convent of St. Thekla at Antiochian Village" is an exciting endeavor which deserves our undivided attention. At the Convent, a nun's life is one that will maintain a monastic prayer life, a presence not only to the many ministries at Antiochian Village but also to the local church communities. The obedience of a nun is that of "Hospitality". The future of the Convent is bright as Mother Alexandra has been appointed as the Acting Abbess of the Convent of St. Thekla. We are truly blessed to have her. The Convent will be a wonderful addition to the many ministries at Antiochian Village. In order to see this project to fruition, please support this worthwhile cause so that all of our lives may be enriched by the presence of Mother Alexandra, the Convent of St. Thekla, the teachings of Christ and all the future holds with this wonderful endeavor.

May this Great Lent bring to all of us a great measure of spiritual renewal.

Your Father in Christ,

Metropolitan PHILIP, Primate

GREAT AND HOLY LENT

- Monday at 7:00 pm - Great Compline, here!
- Wednesday at 6:00 pm - Pre-Sanctified Liturgy (followed by a Lenten potluck dinner)
- Friday at 7:00 pm - Akathist (Madayeh)
- Confessions are heard before and after Saturday Vespers or by appointment. The complete schedule of services is available in the narthex and parish hall.

FOOD FOR HUNGRY PEOPLE

If you give bread to the hungry from your soul, and satisfy the humble soul, then your light shall rise up in the darkness, and your darkness shall be as midday.
 -- Isaiah 58:10

The 36th annual FFHP program is underway again this Lent. Alms boxes are available for you to take home,

LADIES MEETING & FASHION SHOW

The Ladies of Saint George will meet this Thursday, at 6:30 pm. The agenda includes plans for the **Annunciation Fish Dinner on March 25th.**

The Ladies of Saint George are sponsoring a fashion show on **Saturday, April 10th** at 2:00 pm. It will take place at the X & O Restaurant in Stoughton and features fashions by Marshall's. Tickets are \$20 and include a buffet dessert table, coffee and tea. For tickets and reservations, contact Camille Florio at 781-344-8469 or 781-762-4396 (Those who purchase clothing that day will receive a 10% percent discount.

TEEN SOYO RETREAT

The Teen's Lenten Retreat is almost here, This year we're very excited to have Archdeacon Seraphim Solof as retreat leader for the weekend of March 19-21 in Contocook, NH. The theme is **Lord I believe - Help my Unbelief: Our Personal Journey to Christ.** It promises to be an amazing weekend. See Father Joseph or Emily Howard for an application or information.

METROPOLITAN'S EARTHQUAKE APPEAL

"Once again we are confronted with the images of destruction, death and human tragedy in the wake of the severe earthquake that struck Chile on Saturday, February 27th, 2010. More than 700 are confirmed to have died, with the toll expected to be higher. More than 1.5 million people are homeless or without shelter. I have been in touch with my brother, Metropolitan SERGIOS (Abd), the Primate of the Antiochian Archdiocese of Chile. His Eminence is personally safe and sound, but several of his churches have suffered damage from the earthquake, and the status of some of the faithful is still to be determined. As the quote above from the Book of Acts reminds us, it has always been the tradition of the Church to help any brothers and sisters in Christ who are in need. As such, we are asking all of our parishes and missions to appeal for prayers and donations in order to assist those who are in need in Chile."

Please leave your contributions today; make checks payable to Saint George and a single check will be forwarded to the archdiocese.

ADULT LENTEN RETREAT

Saint Michael Church in Cotuit is sponsoring a retreat this Saturday. Father Kerry Saravelas is the speaker. His topic is **Calling All Cradles and Converts: Our Wonderful Journey to Pascha With A Forgiving Jesus.** Phone Lorraine Reiley (508-240-2412) for details.

PARISH LIFE CONFERENCE

Save the Date! The 72nd Annual Parish Life Conference is being hosted by Saint George Cathedral Worcester the weekend of June 18-20. Rooms start at only \$98. Call the **Sturbridge Host Hotel** to book your room today. (508-347-7393) or on-line at sturbridgehosthotel.com

HOLY WEEK BOOKS

For a personal copy of the Holy Week Service Book, pick up a form in the narthex and mail it right away.

HOLY BREAD - The gifts are offered today by Cleo Eysie in memory of Michael Eysie on the 9th anniversary of his passing.

COFFEE HOUR - Please join us for coffee and refreshments following the Liturgy; sponsored by Cleo Eysie.

VOTIVES - Seven-day candles burn before the icons, given by Elsie El Dayaa for the health of Nada El Dayaa & in memory of Marie Faraj Issa.

GIFTS TO SAINT GEORGE -

Linda Papargirisin memory of Albert Nashawaty
 George Eysie, Marion Redonnet, Paul & Helen Donohue, Olga Abdallah, Nicholas Abdallahin memory of George Eysie

The family of Maureen Mike, Marcia Shapiro, Marion Redonnet, Frances McDermott, Eunice Smyrnios, Al & Dalrne Blake, Mary Krick, Paul Murphy, Paul & Helen Donohue, Olga Abdallah, Nicholas Abdallah, Kay Mike, Andrew Howard, Marwan & Ibstisam Samman, Sharon Weiskerger, Eleanor Tomm, Phyllis Spicer, Najlae Solomon, Brian & Marlene Lupaczyk and anonymous donors .in memory of Samera Mike

Brian & Marlene Lupaczykfor the health of Loretta Flynn

REMEMBER IN PRAYER -

Pray for the servants of God: Archpriest Nicholas (Manikas), Archpriest Robert & Khouriyee Elizabeth (Bethoney), Archpriest Michael (Lewis) Archpriest Alexander (Atty), Deacon Elias (Hamaty), Emaline (Eakle), Jamil (Samara), Atallah (Amirhom), David (Elliott, serving in Iraq), Michael (Eysie), Janis, Timothy (Wright), Kathryne (Howard), Edward (Arees), Nicholas, Richard (Esper), Claudia (Eysie), Najlae (Solomon), Frances (Giandomenico), Frederick (Howard), Lillie (Kelley), Lovee (Thomas), Sandy (Thomas), Loretta (Thomas), George (Fares), Charles, (Howard), Elizabeth, Eliana, Michael, Anne, Grace, Mary, Pauline, Ioana, Nicolae, Carrie, Sam, Nancy, Thomas, Nicholas, Barbara, John, Helen, Felecia, Catherine, Margaret, Brian, Nicole, Marion, Linda,

Income February 28	Pledges	Donations & Memorials	Sunday Tray	Seminarian Collection
\$4462.00	\$2245 .00	\$1725.00	\$362.00	\$351.00

Council & Parish Leaders

- Christine Byron
- Joseph Eysie
- Barbara Campbell (Secretary)
- Subdeacon Gheorghe Doros
- Andrew Howard (Chairman)
- Richard Plouffe
- Marwan Samman (Treasurer)
- John Shalbey jr.
- Linda Thomas (Vice Chair)

Assistant Treasurers:

- Beverly DiFlaminies
- Leeann Plouffe

Chanters - Erik Potter & Rezanne Toumi

Choir Director - David Franciosi
 Christmas Card - Doris Copoulos
 Church Custodian - Gerry Mullen

Epistle Readers - Lovee Thomas
 Food Pantry Rep. - Kay Moseley

Holy Bread - Catherine Keches
 IOCC Rep. - Emily Howard

Ladies President - Katie Birtwell
 Sacristan - Subdn. Gheorghe Doros

Seminarians - Rabee Toumi & Subdeacon Stephen Mathewes

Scholarship Committee - Helen Abril
 School Superintendent - Rich Plouffe

Teen Advisor - Emily Howard
 Teen President - Timothy Markatos

Teen Treasurer - Nicholas Kimmitt
 Ushers - Andrew Howard

& Marwan Samman
 Web-Master - Ekaterina Oleinik



Third Sunday in Lent: Veneration of the Holy Cross

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 6)

When Mary stood at thy grave looking for thy sacred body, angelic powers shone above thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world; O thou that art risen from the dead! O Lord, glory to thee.

TROPARION OF THE HOLY CROSS (TONE 1)

O Lord, save thy people and bless thine inheritance, granting to thy people victory over all adversaries, and by thy Cross protect thy Community.

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF THE ANNUNCIATION (TONE 8)

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

AT THE TIME OF THE TRISAGION

Before Thy Cross, we bow down and worship, sovereign Lord, and thy Holy Resurrection we praise and glorify.

MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

EPISTLE AND GOSPEL

Prokeimenon and Verse:

Save, O Lord, Thy people, and bless Thine inheritance. Unto Thee will I cry, O Lord, O my God

The Reading is from the Apostle Paul's Letter to the Hebrews

(4:14-5:6 - 3rd Sunday in Lent)

Brethren, since then we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt himself to be made a high priest, but was appointed by him who said to him, "Thou art my Son, today I have begotten thee"; as he says also in another place, "Thou art a priest for ever, after the order of Melchiz'edek."

Alleluia.

The Reading is from the Holy Gospel according to Saint Mark

(8:34-9:1, 3rd Sunday in Lent)

Jesus called to him the multitude with his disciples, and said to them, "If any man would come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and of my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see that the kingdom of God has come with power."

THE LORD'S PRAYER will be read in several languages each Sunday in Lent, beginning with English, then Arabic, Greek, Russian, Romanian, Spanish, Armenian ...