



# SAINT GEORGE ORTHODOX CHURCH

A parish of the Antiochian Orthodox Christian  
Church of North America

**Most Rev. Metropolitan Philip, Primate**  
**Very Rev. Father Joseph Kimmett, Pastor**

*It is our pleasure to welcome visitors and friends to our church.  
If you would like to know more about our parish,  
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins  
and have prepared themselves by fasting  
are invited to receive Communion.*

*Everyone is welcome to venerate the cross and share Holy Bread.  
Following Liturgy, please join us in the parish hall  
for coffee and refreshments.*

## CALENDAR

- Today - A second tray will be passed for the archdiocese seminarians. Representatives from Saint George, Lawrence will be at coffee hour to answer questions about the 2009 Conference.
- Monday - Great Compline, 7:00 pm at Saint George, Lowell
- Wednesday - Pre-Sanctified Liturgy (and Lenten potluck supper), 6:00 pm
- Friday - Second Salutations on the Akathist, 7:00 pm
- Saturday - Great Vespers, 5:00 pm
- Next Sunday - Matins 9:00 & Divine Liturgy 10:00  
3-year memorial for Nicholas Fotopoulos  
Meeting of Church School and Teen SOYO Parents, 6:00 pm
- Fasting - Strict fasting for Lent each day.  
Katalysis for olive oil and wine on Saturday and Sunday

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StGeorgeNorwood.org

8 March  
2009  
◆  
Sunday of  
Orthodoxy

The Most Reverend  
Metropolitan PHILIP



Archbishop of New York and  
Metropolitan of All North  
America

## The Self-Ruled Antiochian Orthodox Christian Archdiocese OF NORTH AMERICA

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Website: www.antiochian.org \* Email: archdiocese@antiochian.org

March 8, 2009  
Sunday of Orthodoxy

Beloved in Christ,

On this first Sunday of the Great Fast, we make our annual appeal to you in the name of our young men who are studying theology in preparation for ordination to the holy priesthood. We thank God that He has blessed this Archdiocese with more than thirty seminarians this year; and we thank their parents, pastors, teachers and you, the faithful of our parishes, who have encouraged them in this sacred vocation. As you consider this appeal, please remember that their educational costs have risen dramatically in the past few years. All of you with college-age children or grandchildren certainly know what I mean. Each qualified student receives a full scholarship from the Archdiocese.

These young men are dedicating their entire lives to serving Christ and His holy church, which means they are dedicating their lives to serving each and every one of you. Therefore, we ask your help in educating them and removing from them the burden and worry of having to repay thousands of dollars while trying to serve you and support a family simultaneously. This is even more important during these difficult financial times. We have every confidence that you will again respond generously with your prayers for our seminarians and with financial contributions, according to your means.

Asking the All-Holy Trinity to bless you with a most rewarding Lenten journey to the glorious Pascha, we remain,

Your father in Christ,

+ Metropolitan PHILIP, Primate  
The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

**Note: Please make your check payable to the "Antiochian Archdiocese" and earmark it "Sunday of Orthodoxy". St. George Church Norwood, MA - Minimum Contribution is \$400**

**DIVINE SERVICES THIS WEEK**

*Great Lent began last Monday.* The Deanery's Compline service will be in Lowell at 7:00 pm on Monday. Wednesday is Pre-Sanctified Liturgy and a Lenten Potluck at 6:00 pm. Friday is the second of the Akathist services at 7:00 pm. Saturday Vespers is at 5:00 pm (Confessions are heard before and after this service.)

Don't wait til the last minute to make your Lenten plans; check the bulletin, calendar and our web-site for updates. [www.StGeorgeNorwood.org](http://www.StGeorgeNorwood.org)

**PARENTS MEETING**

Moms, dads and grandparents: There is a meeting next Sunday, the 15th at 6:00 pm (and it will end by 7:15.) We are discussing ways to strengthen our *Church School and Teen SOYO* programs. Our young folks who are interested and have ideas are encouraged to attend.

**BRICK WALKWAY**

The past two weeks you have heard presentations at church about our *landscaping project and brick patio*. Bricks are being sold for \$117, which includes an engraving with names of our loved ones. A mailing was sent to homes in the past few days with a form for purchasing bricks (extras are in the parish hall.)

**FROM THE HOLY SYNOD**

The Holy Synod of Antioch convened in Damascus, Syria on February 24th, at which time a decision was made concerning the bishops. A letter of explanation from Metropolitan PHILIP has been posted in the parish hall and is on-line at [www.antiochian.org](http://www.antiochian.org)

**LENTEN READING GROUP**

If you are among those reading *The Gurus, the Young Man and Elder Paisios* this Lent, see Father Joseph today as he will be scheduling a time for everyone to get together and discuss this intriguing book.

**FOOD FOR HUNGRY PEOPLE**

In 2009 FFHP is celebrating 35 years of raising funds. Through our generosity, over *\$4 million* has been distributed to the hungry in the US and around the world. Collection boxes are in the narthex and parish hall for you to take home and fill during this Lenten season.

*If a man shuts his ears to the cry of the poor, he too will cry out and not be answered. -- Proverbs 21:13*

**LADIES MONTH**

Each year during March, ladies in parishes around the archdiocese are recognized for their commitment and ministry. We see them hard at work in all our parish activities. This month they will be reading the epistle at Liturgy and passing the trays, but we know they do so much more and we thank God for their dedication.

On Wednesday, March 25th, the Feast of the Annunciation, the Ladies of Saint George will be sponsoring a *fish dinner*. Watch for details and a sign-up sheet in the coming weeks.

**2009 PARISH LIFE CONFERENCE**

The Diocese PLC is June 25-28, 2009 at the Wyndham in Andover. The host parish is Saint George Church in Lawrence. Members of that parish are here today to speak about the Conference. Information is also on-line at [www.StGeorgeLawrence.org/Conf2009](http://www.StGeorgeLawrence.org/Conf2009)

**2009 ARCHDIOCESE CONVENTION**

The 49th Antiochian Archdiocese Convention (July 19 – 26, 2009) will be at the Marriott Resort, Palm Desert, CA. The Convention website is updated regularly and contains information on attractions in the area, a photo gallery of the hotel, the Convention schedule and travel information. [www.archdioceseconvention2009.org](http://www.archdioceseconvention2009.org)

**HOLY BREAD** - The gifts today are offered by Kay Mike and her family in memory of departed loved ones.

**COFFEE HOUR** - Please stay for refreshments following the Liturgy today, sponsored by Kay Mike.

**VOTIVE CANDLE** - A seven-day candle burns before the Icon of Chrsit, given by the Martkatos Family for the health of Nick Cooper.

**GIFTS TO SAINT GEORGE -**

An *Icon of the Mystical Supper* for the front of the holy table is given by Kay Mike and her sisters, Jeannette Morrison, Mabel Card and Nima Hadge in memory of their parents Ragab and Helen Mike. The icon will be blessed before of the Sunday of Orthodoxy Icon Procession.

Kay Mike .....for the health of Noel Hill  
James & Arlene Kimmett .....general donation  
Richard, Patricia, Katie and Mike Chown; Reggie DiCicco .....  
.....in memory of Lallo Elias  
Eugenia Georges .....in memory of Michael Georges

**REMEMBER IN PRAYER**

**Pray** for the good health of the servants of God: Priest Robert, Khouriyee Elizabeth, Deacon Elias, James, Ricky, Michael, Frances, Samera, Stephanie, Mary, Elsa, John, Jeanne, Gregory, Albert, Dimitri, James, Frederick, Anne, Grace, Renee, Robert, Nicole, Mary, Pauline, Ioana, Nicolae, Kathleen, Lillie, Jennifer, Carrie, Sam, Michael, Nancy, Kenneth, Joy, Claudia, Thomas, Sarah, Nicholas, Charles, Catherine, Joyce, Janice, Barbara, Beverly, John, Katherine, Mary, Beverly, Najlaj, Irene, Edmond, Helen, George, Frances, Felecia, Catherine, Gail, Margaret, Brian, Nicole, Marion, Donna, Linda, Edmond, Emaline, Carrie, Nicholas, George, Lovee, Sarah, Charles, Jenine, Josephine, George, Sandy, Edward, Michael, Madeline, Rosemary, John, Margaret, Sarah, Nima, Dean, David, Sterling, William, Mary.

March 1 Income	Pledges	Donations & Memorials	Tray	Special Collection
\$8911.00	\$8520.00	\$185.00	\$216.00	N.A.

**Council & Parish Leaders**

Andrew Howard (Chairman)  
Linda Thomas (Vice Chair)  
Sharon Weiskerger (Secretary)  
Leeann Plouffe (Treasurer)

Barbara Campbell  
Marlene Lupaczyk  
John Shalbey

[NorwoodCouncil@gmail.com](mailto:NorwoodCouncil@gmail.com)

Assistant Treasurers:  
Beverly DiFlaminies  
Marwan Samman

Chanters - Paul Eysie & Erik Potter  
Choir Director - David Franciosi  
Christmas Card - Doris Copoulos  
Church Custodian - Gerry Mullen  
Constitution Review - Judith Howard & Linda Thomas

Epistle Readers - Lovee Thomas  
Food Pantry Rep. - Kay Moseley  
Holy Bread Schedule - Reggie DiCicco  
IOCC Rep. - Emily Howard  
Ladies President - Katie Birtwell

[NorwoodLadies@gmail.com](mailto:NorwoodLadies@gmail.com)

Sacristan - Gheorghe Doros  
Seminarists - Michael Razook & Rabee Toumi

Scholarship Committee - Helen Abril  
School Superintendent - Rich Plouffe  
Teen Advisor - Michele Markatos  
Teen President - Jenna Weiskerger

[NorwoodTeens@gmail.com](mailto:NorwoodTeens@gmail.com)

Ushers - Andrew Howard & Marwan Samman  
Web-Master - Ekaterina Oleinik





**First Sunday in Lent: Sunday of Orthodoxy****Theophylaktos of Nicomedia and Apostle Hermas of the Seventy****EISODIKON**

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

**TROPARION OF THE RESURRECTION (TONE 5)**

Let us believers praise and worship the Word, co-eternal with the Father and the Spirit, born of the Virgin for our salvation; for he took pleasure in ascending the Cross in the flesh, to suffer death, and to raise the dead by his glorious Resurrection.

**TROPARION OF THE FIRST SUNDAY IN LENT (TONE 2)**

Thy pure image do we venerate, O good One, asking forgiveness of our sins, O Christ our God; for by thine own will thou didst ascend the Cross in thy body, to save thy creatures from bondage of the enemy. Thou hast verily filled all with joy, since thou didst come, O our Saviour, to save the world.

**TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)**

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

**KONTAKION OF THE ANNUNCIATION (TONE 8)**

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

**MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)**

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

**EPISTLE AND GOSPEL***Prokeimenon and Verse:*

Blessed art Thou, O Lord, the God of our Fathers. For Thou art just in all that Thou hast done to us.

**The Reading is from the Apostle Paul's Letter to the Hebrews**

(11:24-25; 32-40, Sunday of Orthodoxy)

Brethren, by faith Moses, when he was grown up, refused to be called the son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ greater wealth than the treasures of Egypt, for he looked to the reward. And what more shall I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets-- who through faith conquered kingdoms, enforced justice, received promises, stopped the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Some were tortured, refusing to accept release, that they might rise again to a better life. Others suffered mocking and scourging, and even chains and imprisonment. They were stoned, they were sawn in two, they were killed with the sword; they went about in skins of sheep and goats, destitute, afflicted, ill-treated-- of whom the world was not worthy--wandering over deserts and mountains, and in dens and caves of the earth. And all these, though well attested by their faith, did not receive what was promised, since God had foreseen something better for us, that apart from us they should not be made perfect.

*Alleluia.***The Reading is from the Holy Gospel according to Saint John**

(1:43-51, Sunday of Orthodoxy)

The next day Jesus decided to go to Galilee. And he found Philip and said to him, "Follow me." Now Philip was from Beth-sa'ida, the city of Andrew and Peter. Philip found Nathan'a-el, and said to him, "We have found him of whom Moses in the law and also the prophets wrote, Jesus of Nazareth, the son of Joseph." Nathan'a-el said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathan'a-el coming to him, and said of him, "Behold, an Israelite indeed, in whom is no guile!" Nathan'a-el said to him, "How do you know me?" Jesus answered him, "Before Philip called you, when you were under the fig tree, I saw you." Nathan'a-el answered him, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered him, "Because I said to you, I saw you under the fig tree, do you believe? You shall see greater things than these." And he said to him, "Truly, truly, I say to you, you will see heaven opened, and the angels of God ascending and descending upon the Son of man."

**THE LORD'S PRAYER** *will be read in several languages each Sunday in Lent, beginning with English, then Arabic, Greek, Russian, Romanian, Spanish ...*  
**Texts are on cards in the pews.**