



SAINT GEORGE ORTHODOX CHURCH

A parish of the Antiochian Orthodox Christian
Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins
and have prepared themselves by fasting
are invited to receive Communion.*

*Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall
for coffee and refreshments.*

CALENDAR

<u>Today</u> -	Memorial for Nicholas Fotopoulos Church School / Teen SOYO Parents Meeting, 6:00 pm
<u>Monday</u> -	Great Compline, 7:00 pm at Saint George, West Roxbury Parish Council Meeting, 7:00 pm
<u>Wednesday</u> -	Pre-Sanctified Liturgy (and Lenten potluck supper), 6:00 pm
<u>Friday</u> -	Third Salutations on the Akathist, 7:00 pm
<u>Saturday</u> -	Great Vespers, 5:00 pm
<u>Next Sunday</u> -	Sunday of the Cross Matins 9:00 & Divine Liturgy 10:00 One-year memorial for Helen Abdallah
<u>Fasting</u> -	Strict fasting for Lent each day. Katalysis for olive oil and wine on Saturday and Sunday

**15 March
2009**
◆
**2nd Sunday
in Lent:
Saint Gregory
Palamas**

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The Most Reverend
Metropolitan PHILIP



Archbishop of New York and
Metropolitan of All North
America

The Self-Ruled Antiochian Orthodox Christian Archdiocese OF NORTH AMERICA

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March 1, 2009

TO BE READ FROM THE PULPIT AND PUBLISHED IN THE CHURCH BULLETIN

Beloved Hierarchs, Clergy and Faithful of our Archdiocese,

Greetings and blessings in the Name of our Lord and Savior, Jesus Christ,

The month of March is designated as Women's Month in our Archdiocese. Since its inception in 1973, the Antiochian Orthodox Christian Women of North America, have raised over two million, two hundred thousand dollars toward the funding and support of many of our projects, such as Antiochian Village, Married Seminarians, Project Orphanages and the Katherine Ajar Endowment Fund, Retired Clergy Housing Fund and many others. Through their hard work, dedication and commitment, they have continued to find many ways to strengthen their ministry in the Orthodox Church.

Over the years, the Antiochian Women have always shown much concern for orphans throughout the world. Therefore, the first Sunday in March will continue to be designated as "Orphans Sunday". During the month of March, you will see our women in more active roles in the church, such as reading the Epistle, taking the collection, and addressing those attending Liturgy, about the role of the Antiochian Women in their parishes, diocese and Archdiocese, as well as their new project, Children with Special Needs.

"Project 2009 - Children with Special Needs" deserves our undivided attention. We have all been touched by a child with special needs, whether within our own families, church family, friends or in the community where we live. Some are born with disabilities such as: Cerebral Palsy, Muscular Dystrophy, Autism, Asperger's Syndrome, to name only a few. These children need our help. Their needs are many. There are many organizations that help with medical supplies, speech and physical therapy, education, job skills and much more. One such organization, Al Kafaat in Beirut, Lebanon, provides all of this as well as housing individuals with the most severe disabilities, but government funding is nearly non-existent. Please support this worthy cause and continue to pray for these beautiful children who were born with special needs, in hopes that they will have a better life.

Your Father in Christ,

Metropolitan PHILIP, Primate
The Self-Ruled Antiochian Orthodox Christian Archdiocese of North America

PARENTS MEETING

Moms, dads and grandparents: There is a meeting tonight from 6:00 until 7:15pm. We are discussing ways to strengthen our *Church School* and *Teen SOYO* programs. Our young folks who are interested and have ideas are encouraged to attend.

BRICK WALKWAY

Spring is just around the corner (we hope) and your Parish Council wants to move forward with plans for the brick walkway and landscaping project. *Your support of this project is key to its success.* Forms for purchasing a brick are in the parish hall. Purchases made by March 31st will be assured a spot in the initial phase of the walk.

CHAIRS

There is *new seating in the parish hall.* Chairs to match the tables have been purchased by the Ladies of Saint George and through a special donation to the church. We will hold on to some of the old ones, but the majority of them are right outside the doors. If you could use an extra at home, it is yours for a donation.

FEAST OF FEASTS ON-LINE

The *Orthodox Church in America* and the *Antiochian Orthodox Christian Archdiocese of North America* are teaming up to launch a web site offering articles, photo galleries, and audio files celebrating Holy Pascha, the Resurrection of Jesus Christ, the "Feast of Feasts."

"OCA Communications is very excited to be working with the Antiochian Archdiocese's Department of Internet Ministry on this project," said OCA Director of Ministries and Communications, Archpriest Andrew Jarmus. "Every common initiative brings us one step closer to the unity that is critical to the future of Orthodoxy in North America. It is my hope that this will only be the first step in an ongoing, common Internet presence for our two jurisdictions."

LADIES MONTH

Each year during March, ladies in parishes around the archdiocese are recognized for their commitment and ministry. We see them hard at work in all our parish activities. This month they will be reading the epistle at Liturgy and passing the trays, but we know they do so much more and we thank God for their dedication.

On Wednesday, March 25th, the Feast of the Annunciation, the Ladies of Saint George will be sponsoring a *fish dinner.* Please sign up at coffee hour today and reserve your spot.

SCHOLARSHIP

Information and applications for the *Bob & Anne Boulis Memorial Scholarship* for graduating high school seniors in the parish can be downloaded from our website. You may also pick up copies from Helen Abril, chair of the scholarship committee, who will answer your questions.

FOOD FOR HUNGRY PEOPLE

In 2009 *FFHP* is celebrating 35 years of raising funds. Through our generosity, over *\$4 million* has been distributed to the hungry in the US and around the world. Collection boxes are in the narthex and parish hall for you to take home and fill during this Lenten season.

*You cannot show a kindness too soon,
because you never know how soon it will be too late*

SAINT JUDE

Saint Jude Children's Research Hospital is planning their *3rd Annual Family Event* on Sunday, March 29th, 2009 from 2-6 PM at Lantana's. The afternoon will include: food/dancing/entertainment/and activities. Tickets are \$20.00. You may mail your check to St. Jude Children's Research Hospital (One Bridge St. Suite 102 Newton, MA 02458) There is a flyer in the hall or you may phone Hellas Assad at 781-769 9542.

HOLY BREAD -

The gifts today are offered by the family of Nicholas Fotopoulos in his memory. A memorial will follow the Liturgy.

COFFEE HOUR -

Please stay for refreshments following the Liturgy today, hosted by the Fotopoulos family.

FLOWERS -

The bouquets before the Icon of Christ and the Icon of the Theotokos are given by Yvonne Jean-Michel, Lena and Maya for the good health of the Fotopoulos family and in memory of Nicholas.

VOTIVE CANDLE -

A seven-day candle burns before the Icon of Christ, given by Yvonne Jean-Michel, Lena and Maya in memory of Nicholas Fotopoulos.

REMEMBER IN PRAYER

Pray for the good health of the servants of God: Priest Robert, Khouriyee Elizabeth, Deacon Elias, James, Ricky, Michael, Frances, Samera, Stephanie, Mary, Elsa, John, Jeanne, Gregory, Albert, Dimitri, James, Frederick, Anne, Grace, Renee, Robert, Nicole, Mary, Pauline, Ioana, Nicolae, Kathleen, Lillie, Jennifer, Carrie, Sam, Michael, Nancy, Kenneth, Joy, Claudia, Thomas, Sarah, Nicholas, Charles, Catherine, Joyce, Janice, Barbara, Beverly, John, Katherine, Mary, Beverly, Najlae, Irene, Edmond, Helen, George, Frances, Felecia, Catherine, Gail, Margaret, Brian, Nicole, Marion, Donna, Linda, Edmond, Emaline, Carrie, Nicholas, George, Lovee, Sarah, Charles, Jenine, Josephine, George, Sandy, Edward, Michael, Madeline, Rosemary, John, Margaret, Sarah, Nima, Dean, David, Sterling, William, Mary.

March 8 Income	Pledges	Donations & Memorials	Tray	Seminarian Collection
\$3025.00	\$2380.00	\$20.00	\$242.00	\$333.00

Council & Parish Leaders

Andrew Howard (Chairman)
Linda Thomas (Vice Chair)
Sharon Weiskerger (Secretary)
Leeann Plouffe (Treasurer)

Barbara Campbell
Marlene Lupaczyk
John Shalbey

NorwoodCouncil@gmail.com

Assistant Treasurers:

Beverly DiFlaminies
Marwan Samman

Chanters - Paul Eysie & Erik Potter
Choir Director - David Franciosi
Christmas Card - Doris Copoulos
Church Custodian - Gerry Mullen
Constitution Review - Judith Howard & Linda Thomas

Epistle Readers - Lovee Thomas
Food Pantry Rep. - Kay Moseley
Holy Bread Schedule - Reggie DiCicco
IOCC Rep. - Emily Howard
Ladies President - Katie Birtwell

NorwoodLadies@gmail.com

Sacristan - Gheorghe Doros
Seminarians - Michael Razook & Rabee Toumi

Scholarship Committee - Helen Abril
School Superintendent - Rich Plouffe
Teen Advisor - Michele Markatos
Teen President - Jenna Weiskerger

NorwoodTeens@gmail.com

Ushers - Andrew Howard & Marwan Samman
Web-Master - Ekaterina Oleinik



Second Sunday in Lent: Commemoration of Saint Gregory Palamas

Marty Agapios of Palestine and Aposlte Aristoboulos of the Seventy

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 6)

When Mary stood at thy grave looking for thy sacred body, angelic powers shone above thy revered tomb, and the soldiers who were to keep guard became as dead men. Thou led hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world; O thou that art risen from the dead! O Lord, glory to thee.

TROPARION OF SAINT GREGORY PALAMAS (TONE 8)

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF THE ANNUNCIATION (TONE 8)

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

EPISTLE AND GOSPEL

Prokeimenon and Verse:

O Lord, Thou wilt preserve us and keep us from this generation. Save me, O Lord, for the godly man ceaseth.

The Reading is from the Apostle Paul's Letter to the Hebrews

(1:10-2:3 - 2nd Sunday in Lent)

In the beginning, thou O Lord, didst found the earth and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet"? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay the closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

The Reading is from the Holy Gospel according to Saint Mark

(2:1-12, 2nd Sunday in Lent)

Jesus returned to Caper'na-um after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins" --he said to the paralytic-- "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

THE LORD'S PRAYER *will be read in several languages each Sunday in Lent, beginning with English, then Arabic, Greek, Russian, Romanian, Spanish ... Texts are on cards in the pews.*