



SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian
Orthodox Christian Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

Rev. Deacon Stephen Mathewes, Seminarian
Rev. Deacon Luke Toumi
Subdeacon Gheorge Doros
Subdeacon Joseph Kouyoumjian

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

***Orthodox Christians who have confessed their sins
and have prepared themselves by fasting
are invited to receive Communion.***

*Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall for coffee and refreshments.*

CALENDAR

<u>Today</u> -	Five-year memorial for Nicholas Fotopoulos Church School, 12:30 - 2:30 pm
<u>Monday</u> -	[Diocesan] Great Compline, here at 7:00 pm
<u>Wednesday</u> -	Pre-Sanctified Liturgy followed by Lenten potluck, 6:00 pm
<u>Thursday</u> -	Feast of the Annunciation, Evening Divine Liturgy, 6:00 pm
<u>Friday</u> -	Fish Dinner, 5:00 pm Teen SOYO Retreat begins in NH
<u>Saturday</u> -	No Vespers here, Father Joseph at the Teen SOYO retreat
<u>Next Sunday</u> -	Matins & Divine Liturgy, 9:00 / 10:00 am One-year memorial for Richard Esper 40-day memorial for Edward Arees
<u>Fasting</u> -	<i>The Lenten Fast has begun and includes abstention from meat, poultry, fish, cheese, dairy, olive oil and wine. There is katalysis for wine and oil each weekend. Fish, wine and oil are permitted on the Annunciation.</i>

20 March

2011



Second

Sunday in

Great Lent:

Saint Gregory

Palamas

Six Atwood Avenue
Norwood, MA 02062
Tel. 781-762-4396
Fax. 781-255-1871
StGeorgeNorwood.org

The St. George Ladies Will be Hosting a



Fish Dinner

Friday 25 March at 5:00 pm

Please Join Your Parish Family in Celebration of
the Feast of the Annunciation!

Menu: Baked fish with rice, green beans (lube), salad,
bread, dessert and coffee.

(Children under 12 may choose Pasta with salad, bread and dessert)

RSVP by returning the form below no later than Monday, March 21.

LADIES MONTH

Each March, throughout the Archdiocese, we give thanks for the ministry of the women in our church. Here at Saint George, there are so many ladies over the years who have diligently served God and the Church and we are so grateful. You will see our Ladies reading the epistle and passing the trays, but know they are doing lots of other good things. *Katie Birtwell will speak today after Liturgy about the Ladies work.*

Nationally, Ladies groups will be collecting funds to support Saint Thekla Monastery at Antiochian Village. Proceeds from the *Annunciation Fish Dinner this Friday* will go toward this project (a sign-up sheet is in the parish hall -- make your reservations today.)

IOCC

International Orthodox Christian Charities and its alliance partners are working with the Orthodox Church in Japan to assess the needs of survivors of the earthquake, tsunami and nuclear disaster. One way to support IOCC is by sponsoring our own Emily Howard. She is running the Boston Marathon again this year and IOCC is her charity. Log on to www.iocc.org/giving/race_bostonmarathon_emily-howard2011.aspx You can also make a check to IOCC.

FFHP

The giving of alms is one of the hallmarks of the Lenten season. In the archdiocese the act of caring for the poor and hungry is facilitated through the *Food For Hungry People* program. Donation boxes are here. Take one home today.

“You give but little when you give your possessions. It is when you give of yourself that you truly give.”
-- Kablil Gibran

TEEN SOYO RETREAT

Oooooooooo Eeeeeeeeeeee. What's Up With Lent
Arrive: Friday, March 25th, 7:30 pm
Depart: Sunday, March 27th, 11 am
Speakers: “Uncle Paul” and “Aunt Deborah” Finley
Uncle Paul serves as Executive Director of the Antiochian Village Conference Center.
Cost: \$95 per teen/\$50 per advisor
Where: Saint Methodios Center, Contoocook, NH
Who: All teens in grades 7-12
Applications must be returned to Father Joseph today.

LENTEN RETREAT AT SAINT MICHAEL

Saint Michael the Archangel on Cape Cod is hosting a Lenten retreat on Saturday, April 2nd. *Father Alkiviadis Calivas*, Professor Emeritus of Liturgical Theology from Holy Cross Seminary will be the speaker. Flyers for the retreat are in the parish hall.

STEWARDSHIP

A recap of the 2011 program has been printed for each of our members. Included is confirmation of the amount you pledged to the church this year. Please pick up your envelope in the parish hall today.

SOMEBODY MISSING

Is there a friend or family member missing from our pews each week? Pick up a post card and mail them a note, letting them know that they are missed.

CONFERENCE AND CONVENTION

Saint John of Damascus Church is hosting the diocesan *Parish Life Conference* June 17-19th, in Hyannis. They have a web-site with lots of information: www.stjohnnd.org/conference2011/index.htm
The *Archdiocese Convention* is July 24-31 in Chicago. Details at www.archdioceseconvention2011.org/

HOLY BREAD - The gifts are offered today by Allan & Renie Howard; by Jackie Saber and by the Family of Nicholas Fotopoulos. A five-year memorial will be served for Nicholas.

COFFEE HOUR - Please stay for coffee following the Liturgy today, hosted by Allan & Renie Howard and by the Fotopoulos Family.

FLOWERS - The bouquets before the Icons are given by Sally Peter in memory of Easa and Malbina Assim.

VOTIVE - A seven-day candle burns before the Icon of Christ for the health of Fred Howard.

GIFTS TO SAINT GEORGE -

Jeanne Jennings and Marie Coffin *in memory of Georgianna Bryan . . . (departed 17 years) and her parents, George Abdallah & Regina Boulis*
Emaline Eakle *in memory of Dorothy Esper*
Sandy, Linda & Bob Thomas *for the health of Sue Toli*
Chris Byron *in memory of Grace Tolland*
Helen Morgan *in memory of Father Nifon Abraham*

REMEMBER IN PRAYER -

Pray for the servants of God: Archpriest Michael and the Abdelahad Family; Kh. Joanne (Bitar), David (Elliott - serving in Iraq), Michael (Pepin), Beverly (DiFlaminies), Pamela (Manikas), Deacon Elias (Hamaty), Janet, Noah, William, Kate (Melchert), Fred (Tomm), John (Howard), Nicole (Tourigney), Darcey, David (Knipe and family), Tripp (Head), Alan (Andrew), Lana (Joseph), Christina (Adams), Emaline (Eakle), Cleo (Eysie), Janis, Timothy (Wright), Kathryn (Howard), Nicholas, Claudia (Eysie), Najlae (Solomon), Frederick (Howard), Lillie (Kelley), Lovee (Thomas), Sandy (Thomas), Loretta (Thomas), George (Fares), Charles (Howard), Mary, Ioana, Nicolae, Sam, Catherine, Margaret, Brian, Marion, Sarah, Josephine, Sterling.

Income March 6 & 13	Pledges	Donations & Memorials	Sunday Tray	Seminarian Collection
\$4225.05	\$3110.00	\$215.00	\$508.00	\$152.00

Council & Parish Leaders

Christine Byron (Secretary)
Joseph Eysie (Vice Chairman)
Barbara Campbell (Chair)
Gheorghe Doros (Treasurer)
Anthony Grasso
Richard Plouffe
Ibtisam Samman
John Shalbey jr.
Linda Thomas

Assistant Treasurers:
Beverly DiFlaminies
Leeann Plouffe

Building Committee - Andrew Howard
Chanters - Erik Potter
& Rezanne Toumi
Choir Director - David Franciosi
Christmas Card - Doris Copoulos
Church Custodian - Gerry Mullen
Epistle Readers - Lovee Thomas
Food Pantry Rep. - Kay Moseley
Holy Bread - Catherine Keches
Hospitality - Angie Sepulveda
IOCC Rep. - Emily Howard
Ladies President - Katie Birtwell
Order of St Ignatius Liason - Erin K.
Sacristan - Subdn. Gheorghe Doros
Scholarship Committee - Helen Abril
School Superintendent - Rich Plouffe
Teen Advisor - Emily Howard
Teen President - Timothy Markatos
Teen Treasurer - Nicholas Kimmitt
Usher - Andrew Howard
Web-Master - Ekaterina Oleinik



Second Sunday in Lent

Saint Gregory Palamas, Bishop of Thessalonica

The Holy Fathers slain at Mar Sabbas and the New-martyr Myron of Crete

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 2)

When thou, O immortal Life, didst humble thyself unto death, then didst thou destroy death by the brightness of thy Godhead; and when thou didst raise the bowels of the earth, then all the heavenly powers exclaimed, O Christ, thou art the Giver of life! Glory to thee, O our God!

TROPARION OF SAINT GREGORY PALAMAS (TONE 8)

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF THE ANNUNCIATION (TONE 8)

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

EPISTLE AND GOSPEL

Prokeimenon and Verse:

O Lord, Thou wilt preserve us and keep us from this generation. Save me, O Lord, for the godly man ceaseth.

The Reading is from the Apostle Paul's Letter to the Hebrews

(1:10-2:3 - 2nd Sunday in Lent)

In the beginning, thou O Lord, didst found the earth and the heavens are the work of thy hands; they will perish, but thou remainest; they will all grow old like a garment, like a mantle thou wilt roll them up, and they will be changed. But thou art the same, and thy years will never end." But to what angel has he ever said, "Sit at my right hand, till I make thy enemies a stool for thy feet"? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore we must pay the closer attention to what we have heard, lest we drift away from it. For if the message declared by angels was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard him.

Alleluia. I will sing of your mercies, O Lord, forever. *Alleluia.* For you have said: "Mercy shall be built up forever." *Alleluia.*

The Reading is from the Holy Gospel according to Saint Mark

(2:1-12, 2nd Sunday in Lent)

Jesus returned to Caper'na-um after some days, it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of man has authority on earth to forgive sins" --he said to the paralytic-- "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

THE LORD'S PRAYER will be read in several languages each Sunday in Lent, beginning with English, then Arabic, Greek, Russian, Romanian and Spanish.