



SAINT GEORGE ORTHODOX CHURCH

A parish of the Self-Ruled Antiochian
Orthodox Christian Church of North America

Most Rev. Metropolitan Philip, Primate
Very Rev. Father Joseph Kimmett, Pastor

*It is our pleasure to welcome visitors and friends to our church.
If you would like to know more about our parish,
or the Orthodox Church, please feel free to ask.*

*Orthodox Christians who have confessed their sins
and have prepared themselves by fasting
are invited to receive Communion.*

*Everyone is welcome to venerate the cross and share Holy Bread.
Following Liturgy, please join us in the parish hall
for coffee and refreshments.*

CALENDAR

<u>Today</u> -	Preaching this morning is our seminarian, Michael Razzouk Memorial for Adela Rodriguez
<u>Monday</u> -	Great Compline, 7:00 pm at Saint John of Damascus
<u>Wednesday</u> -	Reading of the Life of Saint Mary of Egypt, 6:00 pm Lenten Potluck Supper follows
<u>Friday</u> -	Akathist, 7:00 pm
<u>Saturday</u> -	Great Vespers, 5:00 pm
<u>Next Sunday</u> -	Matins 9:00 & Divine Liturgy 10:00 Teen SOYO Meeting, after Liturgy Church School, 1:00-3:00 pm
<u>Fasting</u> -	Strict fasting for Lent each day. Katalysis for olive oil and wine on Saturday and Sunday.

29 March
2009



4th Sunday
in Lent:
Saint John
Author
of the
Ladder

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Norwood, MA 02062
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ANTIOCHIAN WOMEN MISSION STATEMENT

- To develop among women throughout the Antiochian Archdiocese a spirit of Christian leadership, awareness and commitment as taught in the Holy Orthodox Church.
- To foster among women throughout the Antiochian Archdiocese a genuine expression of love and service through works of charity, and
- To instill among women throughout the Antiochian Archdiocese and the community at large a sense of fellowship and a deeper understanding of the heritage and traditions of the Antiochian Archdiocese and the Orthodox Church.

ANTIOCHIAN WOMEN PROJECT 2009

"Children With Special Needs"

Our Challenge: \$150,000

"March"

Antiochian Women's

Month

In the Gospel of Matthew 19:14, Jesus said to his disciples, "Let the little children come to me, and do not forbid them; for of such is the kingdom of heaven", and so with much foresight Metropolitan PHILIP has given us a new challenge, "Children with Special Needs".



These beautiful children of God require our help. Their needs and disabilities are many. Some were born with it, others became disabled by diseases or accidents. We have all been touched by a child with a disability, whether within our own families, our church family, our friends, or in the community where we live. We see firsthand the effect it has on their loved ones; the patience and hard work it entails; the countless hours spent caring and supporting their special needs child lovingly. Our hearts go out to these children and their families as each day brings new challenges.

This year Metropolitan PHILIP has asked that our project proceeds go to Al-Kafa'at, in Beirut, Lebanon. This organization helps with medical supplies, speech and physical therapy, education, job skills, housing for individuals with the most severe disabilities, and much more.

Please join the North American Board of Antiochian Women in working on this worthwhile project. With faith and love in your hearts, and a determination to reach our goal, please help give these children a better life.

***Proceeds from the fish dinner on the Annunciation
and from today's second tray will go toward this project.***

BRICK WALKWAY

The Parish Council is looking to move forward with plans for the walkway and landscaping project. *Your support of this project is key to its success.* Forms for purchasing a brick are in the parish hall. Purchases made by Tuesday will have a spot in the initial phase of the walk.

FOOD FOR HUNGRY PEOPLE

Send your treasures to the heavenly storage room.

Deposit your wealth in God's bank, distributing to the poor, the orphans and the widows so that you can receive a million times more in the

Second Coming of Christ. -- Elder Joseph the Hesychast **Remember to fill your FFHP boxes and cans.** There are additional boxes in the narthex.

SAINT JUDE

Saint Jude Children's Research Hospital is having their **3rd Annual Family Event** today from 2-6 PM at Lantana's. The afternoon will include: food, dancing, entertainment and activities. Tickets are \$20.00. You may mail your check to St. Jude Children's Research Hospital (One Bridge St. Suite 102 Newton, MA 02458) There is a flyer in the hall or you may phone Hellas Assad at 781-769 9542.

SCHOLARSHIP

Information and applications for the **Bob & Anne Boulis Memorial Scholarship** for graduating high school seniors in the parish can be downloaded from our website. You may also pick up copies from Helen Abril, chair of the scholarship committee, who will answer your questions.

PARISH LIFE CONFERENCE

The Diocese **PLC is June 25-28, 2009** at the Wyndham in Andover. The host parish is Saint George Church in Lawrence. Conference information is also on-line at www.StGeorgeLawrence.org/Conf2009

FATHER NIFON MEMORIAL BOOK

Last summer when our dear friend and long-time priest passed away, it was decided to honor him with a book of memories. Each of you no doubt, has many fond recollections of Father Nifon. We are asking you to share those special times with the rest of us. A letter explaining the project is going in the mail tomorrow (or you may pick your's up at coffee hour today.)

NEW SEARCH ENGINE

Check out www.orthodox-search.com It is a new search engine for looking up articles on the Orthodox Church, monasteries, prayers, acquaintances, classifieds, icon painting and more. Available for English and other languages.

PALM SUNDAY TWO WEEKS AWAY

Lent is moving along quickly. Preparations are underway for Holy Week and Pascha, including plans for cleaning, cooking, planting etc. The schedule of services is in your Lenten packets and on-line www.StGeorgeNorwood.org

A note to employees, employers and parents of students: This year, Western Good Friday (for Catholics and Protestants) is one week earlier than our's, on April 10th. Most school systems have no classes scheduled that day. Orthodox Good Friday is not a holiday in the schools this year, it falls right before a Spring vacations for many towns. **PLEASE: Mark the 17th of April** on your calendar; let your children know that this is a solemn and holy day. Contact your schools, teachers and coaches and inform them that Good Friday is a holy day for Orthodox Christians around the world and that school activities and games are not appropriate your your children. Ask that they be excused so they may attend the services in the church.

HOLY BREAD -

The gifts today are offered by Angela Sepulveda A memorial will follow the Liturgy for her aunt, Adela Rodriguez, departed 10 years. The gifts are also offered by Sarah Pucci, the Byron and Kinonian families.

COFFEE HOUR -

Please stay for refreshments following the Liturgy today, hosted by Angela and the Rodriguez family.

FLOWERS -

Bouquets before the Icons of Christ and the Theotokos are given by Sarah Pucci and the Byron and Kinonian families in memory of Robert Pucci.

VOTIVES -

A seven-day candle burns for the new-born child of God Travis Joseph Florio, who will be churched this morning. A candle burns in memory of Robert Pucci, given by Sarah Pucci and the Byron & Kinonian families. Candles are also offered by the Rodriguez and Sepulveda families for Adela Rodriguez, for Pedro & Felicita Sepulveda and for Pedro & Milagro Sepulveda; from Norma, Phil, Tiffany, Aj, Angela for Francisco Rodriguez Sr.

GIFTS TO SAINT GEORGE -

Kay Mike *in memory of Eleanor Abell*
Sandy Thomas and family *in memory of Edmund Hassan*
..... *and for the health of Ray Allison*

REMEMBER IN PRAYER

Pray for the good health of the servants of God: Priest Robert, Khouriye Elizabeth, Khouriye Joanne, Deacon Elias, Elizaebth, Loretta, Eliana, James, Ricky, Michael, Frances, Samera, Stephanie, Mary, Elsa, John, Jeanne, Gregory, Albert, Dimitri, James, Frederick,

March 22 Income	Pledges	Donations & Memorials	Tray	Special Collection
\$1203.00	\$270.00	\$20.00	\$333.00	N.A.

Council & Parish Leaders

Andrew Howard (Chairman)
Linda Thomas (Vice Chair)
Sharon Weiskerger (Secretary)
Leeann Plouffe (Treasurer)

Barbara Campbell
Marlene Lupaczyk
John Shalbey
NorwoodCouncil@gmail.com

Assistant Treasurers:
Beverly DiFlaminies
Marwan Samman

Chanters - Paul Eysie & Erik Potter
Choir Director - David Franciosi
Christmas Card - Doris Copoulos
Church Custodian - Gerry Mullen
Constitution Review - Judith Howard & Linda Thomas
Epistle Readers - Lovee Thomas
Food Pantry Rep. - Kay Moseley
Holy Bread Schedule - Reggie DiCicco
IOCC Rep. - Emily Howard
Ladies President - Katie Birtwell
NorwoodLadies@gmail.com

Sacristan - Gheorghe Doros
Seminarists - Michael Razook & Rabee Toumi
Scholarship Committee - Helen Abril
School Superintendent - Rich Plouffe
Teen Advisor - Michele Markatos
Teen President - Jenna Weiskerger
NorwoodTeens@gmail.com
Ushers - Andrew Howard & Marwan Samman
Web-Master - Ekaterina Oleinik



Fourth Sunday in Lent: Commemoration of Saint John, author of the Ladder

Mark, bishop of Arethusa and Martyr Cyril

EISODIKON

Come, let us worship and bow down before Christ, O Son of God, who art risen from the dead, save us who sing unto thee, Alleluia. Alleluia. Alleluia.

TROPARION OF THE RESURRECTION (TONE 8)

O Compassionate One, thou didst descend from the heights; thou didst submit to the three-day burial, that thou mightest deliver us from passion. Thou art our Life and our Resurrection, O Lord, glory to thee.

TROPARION OF SAINT JOHN (TONE 8)

The barren wilderness thou didst make fertile with the streams of thy tears; and by thy deep sighing thou hast given fruit through thy struggles hundred-fold. Accordingly, thou hast become a star for the universe, sparkling with miracles. Therefore, O righteous Father John, intercede with Christ God to save our souls.

TROPARION OF SAINT GEORGE, PATRON OF OUR COMMUNITY (TONE 4)

As deliverer of captives, and defender of the poor, healer of the infirm, champion of kings, victorious Great-Martyr George, intercede with Christ our God, for our souls' salvation.

KONTAKION OF THE ANNUNCIATION (TONE 8)

To thee, the Champion Leader, I thy city ascribe thank-offerings of victory; for thou hast delivered me from terrors, O Theotokos; but as thou hast that power which is invincible, from all dangers set me free, that I may cry out unto thee: "Hail, O Bride without bridegroom!"

MEGALYNARION IN THE LITURGY OF SAINT BASIL THE GREAT (TONE 8)

In thee rejoiceth all creation, O thou who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

EPISTLE AND GOSPEL

Prokeimenon and Verse:

The Lord is my strength and my praise. The Lord chastising hath chastised me: But He has not delivered me over to death.

The Reading is from the Apostle Paul's Letter to the Hebrews

(6:13-20 - 4th Sunday in Lent)

Brethren when God made a promise to Abraham, since he had no one greater by whom to swear, he swore by himself, saying, "Surely I will bless you and multiply you." And thus Abraham, having patiently endured, obtained the promise. Men indeed swear by a greater than themselves, and in all their disputes an oath is final for confirmation. So when God desired to show more convincingly to the heirs of the promise the unchangeable character of his purpose, he interposed with an oath, so that through two unchangeable things, in which it is impossible that God should prove false, we who have fled for refuge might have strong encouragement to seize the hope set before us. We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner shrine behind the curtain, where Jesus has gone as a forerunner on our behalf, having become a high priest for ever after the order of Melchiz'edek.

The Reading is from the Holy Gospel according to Saint Mark

(9:17-31, 2nd Sunday in Lent)

At that time, a man came to Jesus, kneeling and said "Teacher, I brought my son to you, for he has a dumb spirit; and wherever it seizes him, it dashes him down; and he foams and grinds his teeth and becomes rigid; and I asked your disciples to cast it out, and they were not able." And he answered them, "O faithless generation, how long am I to be with you? How long am I to bear with you? Bring

him to me." And they brought the boy to him; and when the spirit saw him, immediately it convulsed the boy, and he fell on the ground and rolled about, foaming at the mouth. And Jesus asked his father, "How long has he had this?" And he said, "From childhood. And it has often cast him into the fire and into the water, to destroy him; but if you can do anything, have pity on us and help us." And Jesus said to him, "If you can! All things are possible to him who believes." Immediately the father of the child cried out and said, "I believe; help my unbelief!" And when Jesus saw that a crowd came running together, he rebuked the unclean spirit, saying to it, "You dumb and deaf spirit, I command you, come out of him, and never enter him again." And after crying out and convulsing him terribly, it came out, and the boy was like a corpse; so that most of them said, "He is dead." But Jesus took him by the hand and lifted him up, and he arose. And when he had entered the house, his disciples asked him privately, "Why could we not cast it out?" And he said to them, "This kind cannot be driven out by anything but prayer." They went on from there and passed through Galilee. And he would not have any one know it; for he was teaching his disciples, saying to them, "The Son of man will be delivered into the hands of men, and they will kill him; and when he is killed after three days he will rise."

THE LORD'S PRAYER will be read in several languages each Sunday in Lent, beginning with English, then Arabic, Greek, Russian, Romanian, Spanish ... Texts are on cards in the pews.